

EQ *luxe*

Feeling
Philanthropic?

OTTB aftercares

fashion

IT kickers

ETRO

Stable browns

racy SILKS

the Autumn
round up

BEAUTY

hats OFF

BARN life favs

NASHVILLE

Barn envy

DARKhorse

running

Going Active Riding

globe trot the great *Northwest*



Heart of Goals
NACHO
FIGUERAS





CHEVAL

A COLLECTION BY BREEDERS' CUP



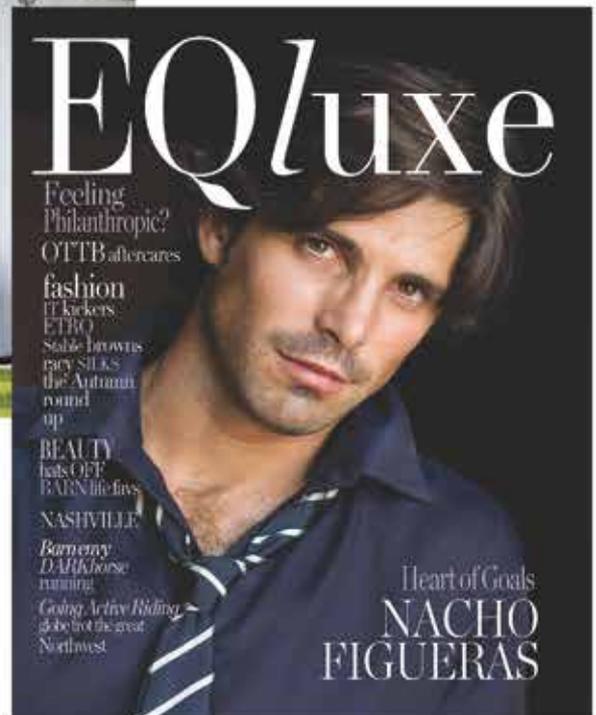
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On the cover Professional Polo Player, Horse Breeder, Fashion Model, Architect, Father discusses his Ambassadorship to Sentebale, a charity close to his heart. Photographed by Jimmy Bruch and styled by Alexis Zipp of Art Department in the Hamptons, NY.

EQluxe | philanthropic



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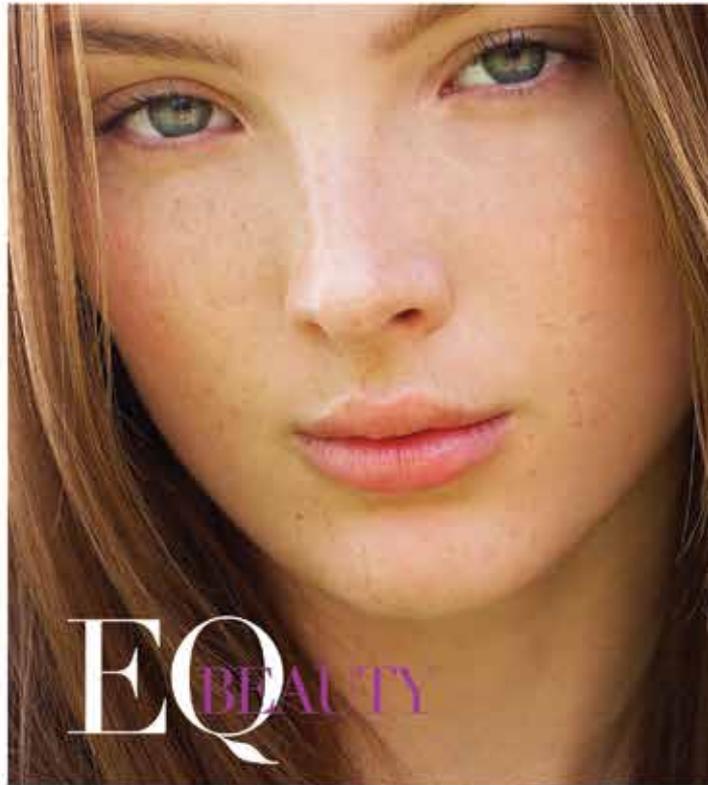
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Editor's note

The overwhelming response over our Maiden issue came much to our surprise. We knew deep down that our intentions and delivery were in the right place but in all honesty, we were not exactly sure if the Equestrian community was ready for us. Having our Maiden issue launch direct to print was not only daunting but we were operating on a learning curve a bit unsure of our footing and more importantly our style choices. We thank each and every one of you who purchased the issue from your local saddlery or online and continued your support both in social interaction and future sponsorship for our current issue.

I am proud to announce the release of our next publication THE PHILANTHROPIC issue. The main drive behind this themed issue was to gain knowledge and bring attention to non-profits that were close to our horsey hearts. It all fell into place when we were given the amazing opportunity to publish some never before seen images of Professional Polo Player Nacho Figueras and to interview him. We knew that with the recent publicity surrounding his SENTEBALE Charity Polo Cup with Prince Harry would be the perfect catalyst to bring awareness to charities or organizations that we too felt deeply about. And so researching and reach outs began.

Many of us here at EQlux have had or currently have an Off The Track Thoroughbred. We understand that in general the racing business tends to spawn strong beliefs, some of which may be misconstrued and others unfortunately are dead on. We wanted to explore the options that are out there for Racing's athletes and maybe even shed a little light on how many others in the industry are currently trying to promote change. Having said that, we were privileged to converse with many respected individuals in the racing community both locally (Santa Anita Park, Los Alamitos, Del Mar) and across the country in Kentucky and the Carolinas. We hope the result is both interesting and inspirational.

This issue represents all that is dear to us. Here's to our fellow friends and confidants both past and present who have touched our lives or may touch our lives in the future. Let's hear it for horse aftercare, helping others and playing it forward.

Thank you again for all of the support you as an audience have given us. We plan to keep kicking out issues so we hope you enjoy them. Join the ride!



A big thanks to everyone!
Shelli Wright & Christopher Bredesen
Editors | Co-founders

EQlux^e™

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AUTUMN



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Winter is coming and you better have your boots sorted out. We are here to help. Check out the latest in this season's top styles to help you not only keep the toes warm but take your stable style to a new level.

Off-White printed textured leather knee boots \$2,290



IT | kickers

Whether it's western themed, tall or embossed we're loving what Fall is revealing by way of Boots! With so many choices, we are confident many of these styles will still be hanging around the bunkhouse through Spring.



GUCCI Fosca appliquéd embellished textured-leather ankle boots \$2,390
ZIMMERMAN sanke effect leather ankle boots \$800
FENDI Croc-effect leather knee boots \$1,490
CHLOE Tracy rubber and canvas-trimmed leather and velvet ankle boots \$2,290
ISABEL MARANT Isabel Marant Lamsy embellished leather ankle boots \$1,350
ARIAT TWO24 Parker Cognac Suede Chelsea boot \$228
MAISON MARGIELA Sharon Cowboy Boot \$1290



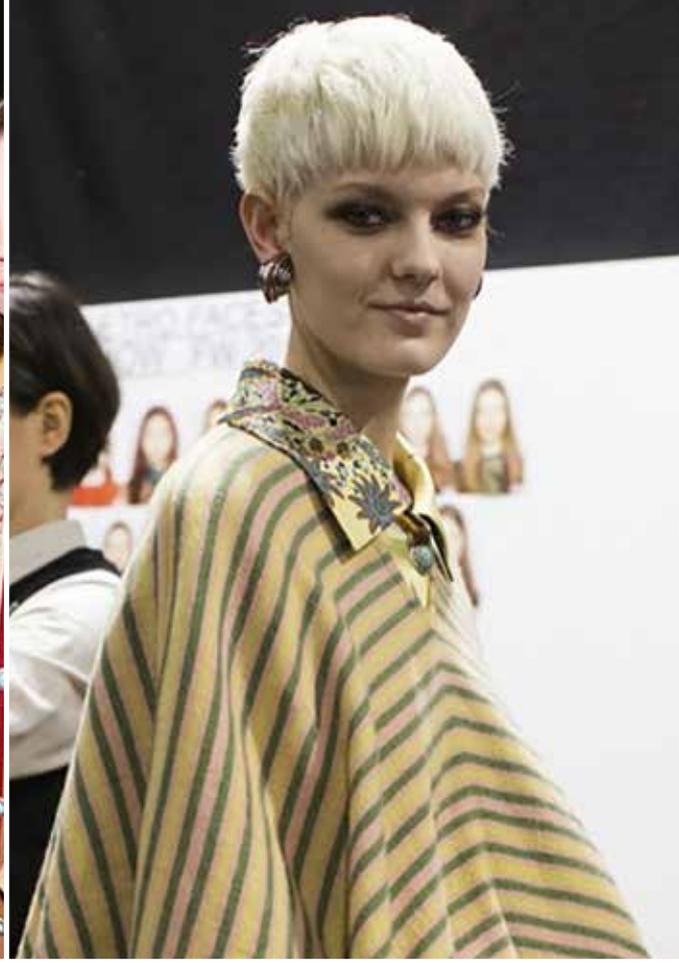
“BAUHAUS on the PRAIRIE”

*said designer Veronica ETRO
about her FALL 2018 collection
compiled by EQluxe*

Incorporating Memphis-touched patterns and a mixture of Peruvian, Navajo maybe Patagonian Etro described the designs as “ethnic futurism” we described it as bright and awesome. If you’re looking for the knit of the season, this is possibly the ALL globe trotting winner.!

#BTS**ETRO**





WARMTH was the theme for the ETRO FALL 2018 show. The beauty look that captured Autumn and ran through Milan like changing leaves. The native inspiration inspired the shimmering tones of harvest moons and golden hillsides.



GET IT

URBAN DECAY Born to Run palette
\$49 www.urbandecay.com

TOM FORD Bitter Bitch nail lacquer
\$37 www.tomford.com

TRISH McEVoy lashes
\$23 www.nordstrom.com

NARS Rosecliff lipstick
\$28 www.nars.com

HOURLASS Ambient® Lighting Bronzer
\$24 www.sephora.com

THE STAGE

ACCESSORIES





Harness YOUR strength

This is not your mother's saddlery. Be daring and bold, accessorize empowerment...

photography **DAVID TINO**

styling **Elisa Vissani** *beauty* **Marko Urbani** *model* **RENYA GORLANOVA**

fashion assist Cecilia Belluzzo *location* Di Mano in Mano Antique Shop Cambiago (MI)



coat + shirt Mikro Couture,
high boots Anca Stetco
bag Daniela Vannir
necklace Silvia Guarnieri design
opposite page
Coat and shirt Mustè Studio
skirt Mikro Couture a
accessories LPC Design







Trench Acne Studios
trousers Mustè Studio
choker and waist
band LPC Design
bag Pamela Lauteri
opposite
shirt + skirt Mustè Studio
leather bands LPC Design



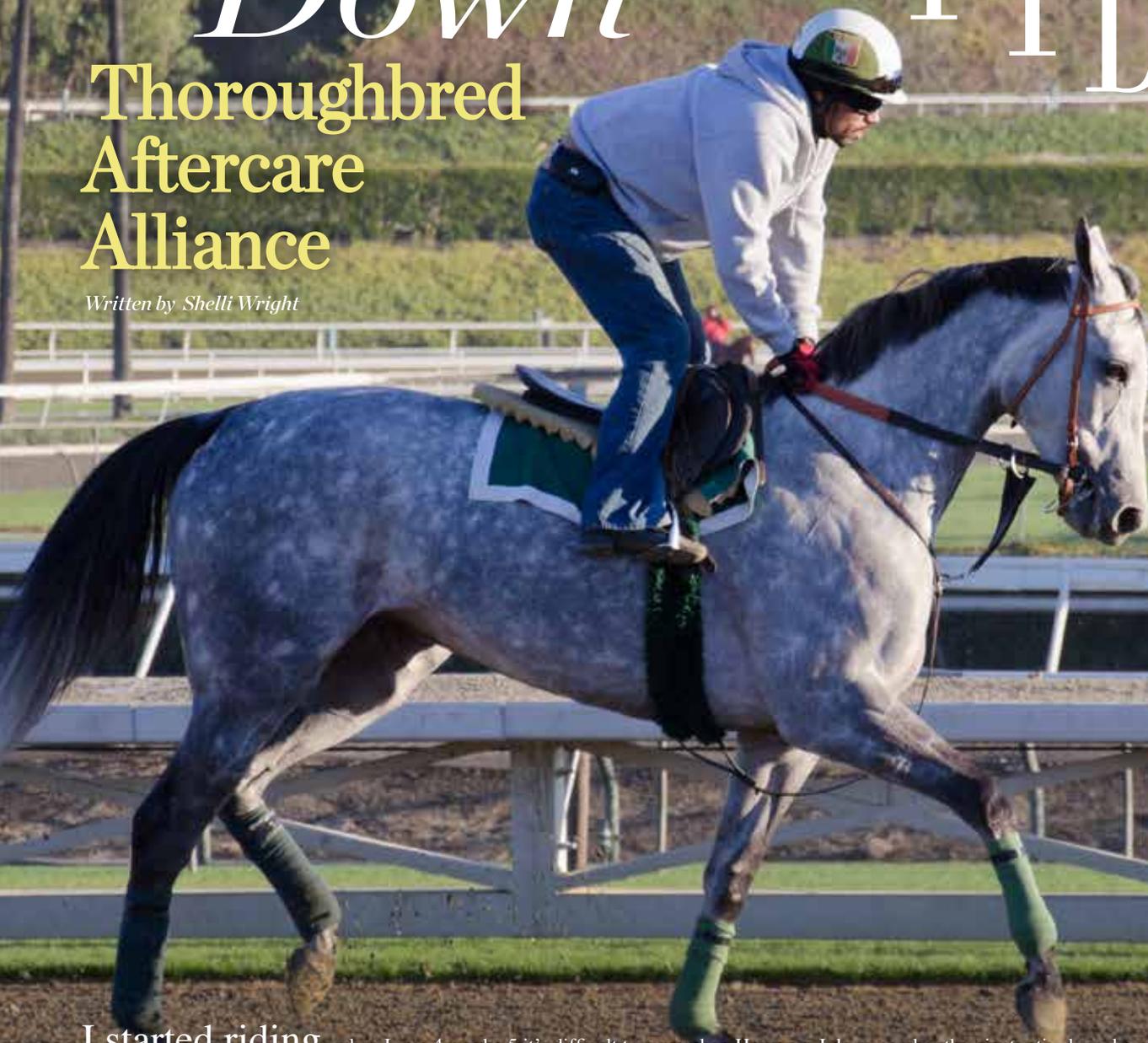


Dress Mikro Couture
necklace Silvia Guarnieri Design
opposite
jacket and skirt Musté Studio
ankle boots Anca Stetco

GETTING Down with the OTTBs

Thoroughbred Aftercare Alliance

Written by Shelli Wright



I started riding when I was 4 maybe 5 it's difficult to remember. However, I do remember the giant retired racehorse I had my first english lesson on. I was 6 and she was a calm pokey bay mare named Maggie. Maggie was gentle, stubborn at times and had about as much go in her as I needed, but boy did my little legs hurt from kicking. Maggie would be the first of many Off the Track Thoroughbreds that would enrich my equestrian life. In fact, I have one right now which is why I feel so strongly about bringing awareness to the aftercare opportunities available. There seems to be a misconception surrounding the idea of riding an ex-racehorse. In actuality, to be an OTTB you only need to be registered with the jockey club and not all horses registered have actually raced. In fact my first children's hunter was an off the track but never had any starts out of the gate. She was a small little 15'2" hand chestnut who had a jump on her that took us through many years of showing. It seems strange to think that she may have been taken down another unfortunate path somewhere not suitable for her talents. The truth being, many thoroughbreds go on to be amazing hunters, jumpers, dressage horses, polo ponies, western pleasure horses and great pets. Thus the importance of aftercare.

There are several organizations that care for, retrain and place these horses in safe homes where they are given the opportunity to live respectable lives. The Thoroughbred Aftercare Alliance is an agency that helps approve and regulate participating aftercares and accredit new ones. We were very fortunate to discuss with TAA their purpose and what they do.

Q+A | Thoroughbred Aftercare Alliance

Explain to us what TAA is?

Created in 2012 by members of the racing, sales, and breeding industry, the Thoroughbred Aftercare Alliance is the accrediting body for Thoroughbred aftercare, and is also a granting body to support those accredited aftercare organizations. In three words, the TAA accredits, awards, and inspects. We accredit aftercare organizations, award grants to those organizations, and continuously monitor those organizations through inspections.

How does TAA raise their funding?

The TAA raises funds from a variety of sources, including sources from several touch points in a Thoroughbred's life--stud farms, sales companies, breeders, owners, trainers, racetracks, horsemen's groups, aftercare professionals, horseplayers, racing fans, and other industry members. The TAA was initially funded by seed money from the Breeders' Cup, The Jockey Club, and Keeneland Association.

How many organizations are currently accredited by the TAA?

Currently 64 organizations with approximately 170 facilities in North America hold TAA accreditation. At this time TAA accreditation lasts for two years, and even organizations that have been previously accredited need to reapply every other year to maintain accreditation.

Is TAA the go-to agency for accreditation? If someone wanted to start a OTTB aftercare rescue for instance would they seek accreditation through TAA?

Yes, the TAA is the only accrediting body for Thoroughbred aftercare.

Before an organization applies for accreditation (which is done on an annual basis with the application opening in January), there are five basic requirements: 1. Organization needs to be a 501c3 nonprofit or a registered charity; 2. Need to be in operation for at least three years; 3. Need to currently own at least five registered Thoroughbreds; 4. Need to have a written euthanasia policy consistent with the American Association of Equine Practitioners; and 5. The organization or its principal cannot have legal proceedings pending against them.

If an organization passes all five, we encourage them to apply! The TAA also mentors those organizations that want to apply but are unsure of all they need to do.

How many organizations are currently accredited? Do all of these organizations receive funding to help in their aftercare? If so, are their specifics in what the funding may be used for?

Currently, 64 organizations are accredited in 2018. If an

organization is accredited by the TAA, they receive grants from the TAA during the time that they hold accreditation. Since 2012, the TAA has granted more than \$10.8 million to accredited organizations. Grants are earmarked specifically for the care and retraining of Thoroughbreds at the organization.

Are these facilities currently only in the US? Does the TAA work with other similar accreditation agencies worldwide?

The TAA serves North America. Currently, we have two accredited organizations in Canada.

While there isn't a TAA equivalent in any other racing jurisdiction in the world, we do have great relationships with aftercare groups in the U.K., Japan, France, Australia, and Ireland. And we have participated in multiple events with the International Forum for the Aftercare of Racehorses.

How can an individual equestrian who is interested in pursuing an off the track thoroughbred in aftercare find out which organizations in their local area are legit? How can we as equestrians help support these agencies in their endeavors in rehoming these horses?

We recommend taking a look at the TAA-accredited organizations on our website and finding one close to you that specializes in adoption. We strongly encourage individuals interested in adopting an OTTB or interested in supporting an individual aftercare organization to find a TAA-accredited facility because these organizations have been thoroughly vetted--physically and fiscally--to make sure they are operating soundly and taking proper care of horses.

If you want to support multiple organizations or just the Thoroughbred aftercare movement in general, you can give to the TAA and know that your donation will support the efforts of many organizations and further the cause of responsible, accredited aftercare.





GOOD *CARMA*

After working in conjunction with several national aftercare agencies we thought we should bring awareness to an aftercare association that's right in our backyard. CARMA is a placement accreditation program based out of Santa Anita Park and works with aftercare charities within California that retrain, rehome and retire thoroughbred racehorses. We caught up with CARMA to find out more about the intricate workings of their non-profit and how as interested parties we can participate.

Q+A

Tell us briefly how CARMA came to be and where you are located?

CARMA was launched in 2008 by owner-breeder Madeline Auerbach to address the need for funding for retired racehorses. Working with various industry stakeholders, such as owners, breeders, and trainers, and the California Horse Racing Board we were able to implement a voluntary .03% donation of owners' purses paid through the Paymaster Office. Based at Santa Anita Park, CARMA works with racetracks and

stakeholders throughout the state.

More than just a grant program, CARMA also helps in approving aftercare organizations to help in the rehousing or rehabbing of these athletes. How many organizations in California has CARMA accredited?

CARMA's Annual Grant Process is an important part of our mission. We regularly work with 20-25 aftercare charities that retrain, rehome and retire Thoroughbred racehorses. While we do not have an official accreditation process, our grant application is extensive and we were the first Thoroughbred funding charity to actually go out and physically visit and inspect each facility applying for a grant. This "site visit" process has since been implemented by other notable granting organizations, such as the Thoroughbred Aftercare Alliance (TAA).

What criteria does an organization or facility have to meet to become approved?

As I said, our grant application is extensive. We ask for information on all the facets of an organization including; business operations, financial statements and tax returns, facility descriptions/photos, adoption contracts/agreements, individual race records for qualifying horses, volunteer documentation, and much more.

How many horses does CARMA usually have in its placement program?

CARMA averages 25 horses per month in our Placement Program.

Where do the horses come from?

Horses for the Placement Program come from the Thoroughbred racetracks in California – Santa Anita Park,

“The fact is
Thoroughbreds make
excellent riding horses
and are versatile
enough to do just about
any sport.”

Golden Gate Fields, Del Mar, CARF and Los Alamitos.

Do you have follow up procedures once a horse is placed in its new home?

Yes – once they are placed with an aftercare charity, we get regular updates every 3, 6, 9 and 12 months. After the first year the updates come in a couple times a year. Social media plays an important role in the way we are updated, as many of our horses end up in the show ring so we get pictures and posts that way.



One thing we found interesting was the extra mile “no pun intended”, that CARMA takes in creating awareness in the rehabilitation of retired race horses by hosting events and honoring past participants and graduates. Tell us about some of the events our readers can look forward to.

CARMA regularly hosts Aftercare Awareness Days at Santa Anita Park, where we showcase off-track Thoroughbreds’ second careers as performance and sport horses. Demonstrations include jumping, barrel racing and dressage performed on the main track between live races. Dates for all our upcoming events can be found on our website at www.carma4horses.org/events

To broaden awareness, what can you suggest to equestrians who might be interested in supporting or owning one of these retired off the track Thoroughbreds?

Anyone interested in owning an off-track Thoroughbred can look on our website for a list of CARMA Grant Recipients (www.carma4horses.org/aftercare_organizations). Many of these organizations have horses available for adoption. The fact is Thoroughbreds make excellent riding horses and are versatile enough to do just about any sport. One of our Placement Program graduates originally went to a cattle ranch and was cutting cows before beginning training as a Grand Prix jumping prospect. Truly Thoroughbreds can do anything!

How does someone volunteer or help CARMA?

We love volunteers! Anyone interested in helping CARMA can send an email to us via our website. We regularly have volunteers at our on-track events and our Thoroughbred Classic Horse Show, so help is always appreciated.



The Legend Lives On

I am so honored that Secretariat's legacy lives on through the love received from his fans. Their support and donations make a real difference in the lives of these equine athletes, and I am so grateful to every person who gives of their time, talents and personal treasure to sustain these beneficial organizations.

-Penny Chenery, Owner of Secretariat

THE SECRETARIAT FOUNDATION

Apparently it took only two minutes and 24 seconds for Secretariat to go down in history. His legacy however still continues in a foundation founded by Mrs. Penny Chenery, big Red's owner. Mrs. Chenery, named the Foundation after her great champion with a specific purpose in mind to use his enduring appeal to widen awareness to the many causes that help horses and those who care for them.

The mission of the Secretariat Foundation is to assist and support various charities and organizations that meet the Thoroughbred racing community's needs including but not limited to Veterinary research into lameness, OTTB retirement and rehabilitation, therapeutic equestrian programs and general funding for related established charitable programs.

Since its inception in 2003, the SF has provided as provided thousands of dollars of support and assistance for individual organizations and charitable efforts that benefit the Thoroughbred community. Grant recipients include a myriad of local, regional, and national organizations focused on the key areas of equine welfare related to retirement, rescue and retraining, laminitis and veterinary research, therapeutic use of the Thoroughbred, and initiatives that promote thoroughbred racing and celebrate its place in history.

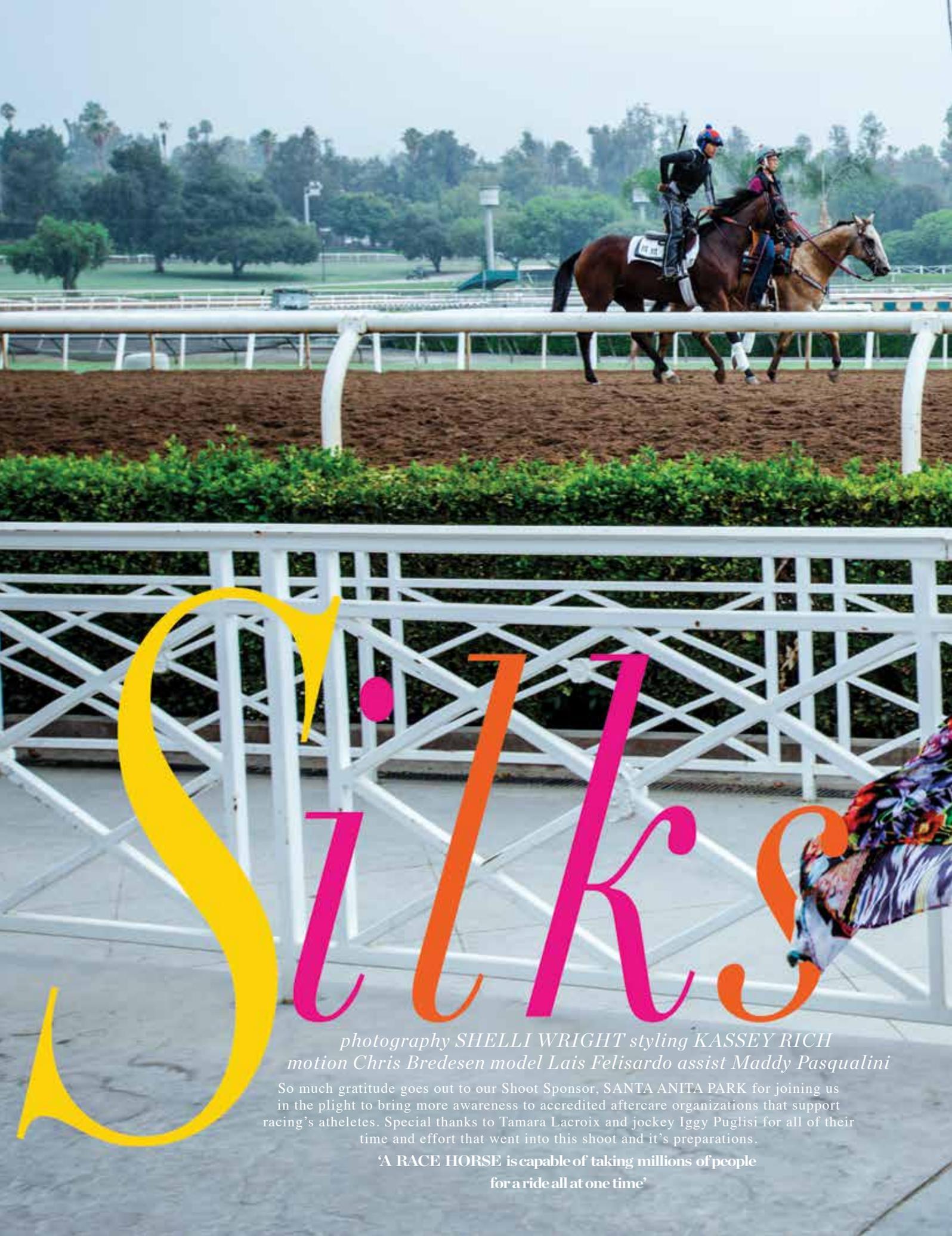
Lending support

- The Thoroughbred Retirement Foundation (TRF), New York – The largest equine sanctuary in the world devoted to the rescue, retirement, rehabilitation and retraining of Thoroughbred horses no longer able to compete on the racetrack.
- Permanently Disabled Jockey's Fund (PDJF) – The PDJF is committed to working with both industry and medical research groups to improve the safety of both the human and equine athlete as well as medical research projects dedicated to reducing catastrophic injuries.
- Old Friends – Founded as a retirement and rescue facility for pensioned thoroughbreds, Old Friends brings both the recognition and responsibility for horse retirement to the equine industry.
- Colorado State University – Laminitis Research through the Orthopaedic Research Center – renowned for its work in equine joint problem prevention and healing research.
- Retired Race Horse Project (RRTP), Maryland – The RRTP works to facilitate the placement of retired Thoroughbred racehorses in second careers by educating the public about the history, distinctive characteristics, versatility of use, and appropriate care and training of the iconic American Thoroughbred.
- R.A.C.E. Fund – Preserving the lives of Thoroughbred racehorses and racetrack ponies by facilitating and providing for their care and well being during their transition to retirement, sanctuary care and or adoption.

In previous years, the Race for Education, Kentucky Derby Museum, Racetrack Chaplaincy of America, and the New Bolton Veterinary Research Center are just a partial list of groups who have received assistance from the Secretariat Foundation.

Foundation revenue is primarily derived from the licensing and sale of official Secretariat merchandise, personal autographs and signing appearances with "Team Secretariat" – and other luminaries within the sport. Individual contributions by the millions of fans whose affection for the "Big Red Horse" has allowed the Foundation to help make a positive difference in the lives of those in the racing industry, and the Thoroughbred most of all.





*photography SHELLI WRIGHT styling KASSEY RICH
motion Chris Bredesen model Lais Felisardo assist Maddy Pasqualini*

So much gratitude goes out to our Shoot Sponsor, SANTA ANITA PARK for joining us in the plight to bring more awareness to accredited aftercare organizations that support racing's athletes. Special thanks to Tamara Lacroix and jockey Iggy Puglisi for all of their time and effort that went into this shoot and it's preparations.

**'A RACE HORSE is capable of taking millions of people
for a ride all at one time'**



COVER
Dress OTT
Breeches Botori
Boots Ariat Divino
Earrings Nissa
THIS PAGE
Silk Scarf Donna B
Top + Coat Milin
Breeches Ariat
Boot Ariat Divino
OPPOSITE PAGE
Earrings Kukka Jewelry
Dress Diane Von Furstenberg
Boots De Blossom Collection





Shirt Ariat aptos show
Jacket Ariat pro show
Skirt Sandro Paris
Choker Atelier CG
Boots De Blossom Collection





Earrings The2Bandits
Dress OTT
Belt Hermes
Heels Jacobies



2015
American Pharoah
TRIPLE CROWN WINNER

Blazer Topshop
Dress Hale Bob
Earrings Kukka Jewelry





Earrings Kukka Jewelry
Rings Kukka Jewelry
Blazer Topshop

Jacket J.Crew Collection
Turtleneck & Other Stories
Scarf Delaux
Pants Milin
Bracelets The2Bandits
Rings The2Bandits
Shoes Pour La Victoire
IGGY wears J.Crew black t
racing breeches and
racing boots



It's Nice to See

Written by Gerard Apadula

OLD FRIENDS

There are times in people's lives where certain events, people, places or dates stick out in their minds as if they happened just yesterday. We can all recall those times in our lives.

Such was the case for me in 1985 when Ogygian (pronounced Oh-Guy-Gee-An), a two year old son of the great Damascus, strutted onto the Belmont Park main track to warm up for his second career race. Absolutely gorgeous and magnificently formed, I knew immediately I wanted a closer look at this bay colt as I believe it was love at first sight for me.

Little did I know that this singular event would take me on a twenty plus year journey that would culminate in discovering one of the most amazing places in the world of horse racing; Old Friends/Dream Chase Farms in Georgetown, Kentucky.

The incredible brainchild of Michael Blowen, a former Boston Globe film critic, Old Friends adopts retired racehorses to live out their lives in comfort and dignity, instead of ending up in slaughterhouses like so many did years ago.

Like I normally do, I was standing alone on the third level of Belmont Park's grandstand that day in 1985, but I quickly ran down to track level to get a better look at this amazing animal.

He won the race easily that day and I was very interested in getting an even closer look at him. I aligned myself along the tunnel that leads from the racetrack to the paddock to get a glimpse of him on his walk back to the "spit box". This is where a urine sample is taken from every horse, before going back to their barn to cool out, get a bath and some time later, a well deserved dinner.

With nostrils flared, sweat dripping off him and veins and muscles popping out everywhere, I chirped to him. He looked at me as if to say "What do you want? Did you see what I just did"?

If I was riveted to the horse before the race, I was completely hooked on him from that moment on. He was a special horse; and he knew it.

After winning the Grade: 1 Futurity Stakes at Belmont in just his third career start, tender shins put him on the sidelines until the winter. That minor setback would cost him any chance of running in the November 1985 Breeders' Cup Juvenile, for which the winner is perennially named two year old male champion.

Although the Breeders' Cup Juvenile was won by Tasso that fall, and he was named two year champion that year, Ogygian was dubbed "the nation's fastest two year old."

Back in training that December, Ogygian kicked the rail after a workout, chipping bones in his right hind ankle which required surgery. That incident would wind up costing him any chance of competing in the vaunted Triple Crown series.

He would go on to win two more Grade: 1 races in 1986 before more ankle chips forced his retirement.

In 1987, he was sent to the legendary Claiborne Farms in Paris, Kentucky to begin stud duty.

I made note of that, and started planning a trip to see my "old friend".

As a twenty year old, and trying to find myself, life kept getting in the way of me making a trip to go see him. I didn't feel any urgency as I figured he was young and would be well taken care of in his new home. I figured I had plenty of time to go see him.

As you can imagine, my blood ran cold when I picked up a newspaper one day in 1995 and saw an article entitled "Ogygian sold to East Stud in Japan".

I raced to the phone, called Claiborne Farms and asked if he was still there and available for viewing. The answer I received was "yes, he is still here but unavailable for viewing as he is in quarantine".

Disappointed, I wondered if I would ever see Ogygian again. I don't think I ever truly got over not seeing him when I had the opportunity; I could only hope our paths would cross once more.

I followed him as best as I could and he did well in Japan as a sire. "Great," I thought to myself. "The





photography Stam Grossfield



Photography by Laura Battles

better he does there, the less chance he'll ever come back to the U.S."

There were other horses over the years who caught my attention and I followed closely. The great A.P. Indy, Easy Goer, Personal Ensign, Dehere and Sky Beauty, but I never really forgave myself for not seeing Ogygian up close and personal when I had the chance.

Fast forward ten years later, in late 2005, a horse racing magazine ran an article entitled: "Ogygian retired from breeding; returning to the U.S".

The article went on to say "Old Friends Farms has returned Ogygian to the United States and he will reside at Dream Chase Farm in Georgetown, Kentucky".

"Old Friends/Dream Chase Farms"? I thought to myself, "never heard of it. I must know more about this place and if in fact Ogygian was there, I must go"!

I did some research, made a number of calls and with map in hand, I set out in mid-January of 2007 for Kentucky. I remember the excitement I felt driving up I-75 and crossing the Kentucky/Tennessee border. The six hour drive felt like six days but I finally arrived around 6:30 that evening; with some six to eight inches of snow on the ground.

As I made my way up the driveway, I was met by a tall blonde woman who said, "I'm sorry the farm is closed, you will have to come back another day". I explained to her that I waited a very long time to see a very special horse and asked if there was any way

at all I could see Ogygian, even for just five minutes. She reiterated that it wasn't possible and I needed to return "another day".

"Another day? I was only going to be there a couple of days" I mumbled to myself. Dejected, and with my head down, I headed back towards my car all the while thinking, "Maybe this just wasn't meant to be."

As I approached my car, I heard a male voice in the distance shout "Hello? Can I help you?"

I turned and saw a middle aged gentleman coming towards me in a green jacket with "Old Friends" written across it in yellow, a matching green cap and open work boots.

I said "no sir...I wanted to see Ogygian but I understand the farm is closed. Perhaps I can come back another time."

By the time I said that, the man was a couple of feet away from me. He extended his hand and said "Michael Blowen".....taken aback slightly, I shook his hand and said "Gerard".

With that, he said, "come on, "Oggie" is right over here."

As we trudged through the snow I wasn't sure who was more excited, me for going to see the horse or Michael for me being there.

We turned the corner of the main barn and there he was.

With the Damascus just oozing out of him, and at twenty three years old, Ogygian look terrific. The years and the traveling had been kind to him.

"Careful", Michael said. "He nips."



“I’ll take my chances,” I replied with a smile, as I stroked “Oggie’s” forehead and nose. We stood on the fence line of his paddock feeding him treats and talking about “Oggie’s” background. I mostly listened as Michael told me the story of Russ Harris, who in my mind remains the greatest horse racing handicapper in history and an idol of mine, and how Harris called Michael the day Ogygian arrived at the farm. Harris said “I saw Secretariat, I saw Seattle Slew...this horse was better than both of them”.

I just smiled again.

“Did you know he does tricks”? Michael asked.

“Tricks”? I said with a head tilt.

“Yes, watch this,” Michael said as he climbed through the fence and led Ogygian into the middle of the paddock. Michael raised his right hand over his head and snapped his fingers about four or five times. With that, Ogygian reared up, struck out two or three times with his front hooves and came back down again.

I was speechless....I just said “wow.” Michael came back chuckling; he knew he blew me away with that one.

“I saw Secretariat, I saw Seattle Slew...this horse was better than both of them”.

With the sun going down and the temperature dropping fast, Michael said, “Come on, let me show you around a little more”.

As we walked Michael spoke about Old Friend’s and what motivated him to create the farm, its early days and his hopes for the future of the farm and retired racehorses.

Old Friends began as a very small operation in 2002, but moved to a 50+-acre farm at 1841 Paynes Depot Road in Georgetown, Kentucky. This coincided with the horrific story of Ferdinand in 2002.

Ferdinand was a chestnut colt who won the 1986 Kentucky Derby and 1987 Breeders’ Cup Classic, the richest race in the country, on his way to racing’s highest honor, the 1987 Horse of the Year.

After an unsuccessful year on the track in 1988, he was retired and entered stud at the aforementioned Claiborne Farm in Paris, Kentucky in 1989. He was a failure at stud and was later sold to a breeding farm in Japan in 1994.

Ferdinand did no better in Japan as a sire and various reports indicated that in 2002, Ferdinand was quietly sent to a slaughterhouse in Japan with no notice to any of his previous owners. He either became pet food or steaks for human consumption.

Michael was so disgusted by this vile act; he vowed he would do everything in his power to see this never happen again to a racehorse.

We made a lap around the farm. I saw horses I remember vividly through the years including (at the time) the one mile track record holder at Belmont Park and son of the great Seattle Slew, Williamstown, Arlington Million winner Awad, Speedy and multiple Graded Stakes winner Kiri’s Clown.

With a final stop at the Old Friends cemetery just behind Michael’s house, I saw the headstones of several others I remembered over the years highlighted by Breeders’ Cup Sprint winner Precisionist and mega talented turf mare, Estrapade.

As we strolled back towards the driveway, Michael said “I have the greatest job in the world, don’t I? I wake up every day and walk out my back door and tend to these great horses”.

Since its inception in 2002, the farm has grown from one rescued horse, one paddock and “about 30 visitors” a year into several hundred acres, over 200 horses and two “satellite” farms in Cabin Creek, New York and at Kentucky Downs Racetrack.

It attracts approximately 20,000 visitors annually now and, although it would take something similar in size to a phone book to list all of them, it is currently home to Grade: 1 winners and Breeders’ Cup Champions Amazombie, Little Mike and Alphabet Soup, Belmont Stakes winners Sarava and Touch Gold and three time Santa Anita Handicap winner Game On Dude. Three of Michael’s personal favorites reside there too in Kentucky Derby and Preakness winners Silver Charm and War Emblem as well as “Little” Silver Charm, a miniature, palomino pony who is the farm’s “mascot”.

The farm also is home to Popcorn Deelites, who was one of a handful of horses who played “Seabiscuit” in the movie, Rapid Redux, who shares a paddock with Amazombie, and won an astounding 22 consecutive races at one point in his career.

If you go to the Cabin Creek branch, you will find Zippy Chippy, who has the



Photography by Laura Battles

distinction of being racing's most lovable loser. Zippy Chippy's final career record: 100 starts, 0 wins and a little over \$30,000 in earnings in about 9 1/2 years of racing.

Sadly, my old "friend" Ogygian was euthanized March 14, 2015 at Old Friends, due to complications from colic. He had become the facility's oldest living horse following the death of thirty two year old Clever Allemont on May 26, 2014.

I try to make annual trips to visit this incredible place, but even some twenty three years later, sometimes life still gets in the way.

However, when I do get there, between Michael and the horses, as I say in the title, it's always good to see Old Friends...in more ways than one.



"Oggie chilling with Old Friends"
 War Emblem (Left, by Laura Battled), Oggie (Top, by Rick Capone), Game On (Below, by Rick Capone), and SC New (Bottom Left, by Laura Battled)



About the author:
 Gerard Apadula began his 35 plus years in the horse industry in horse care and training classes as a teenager. Then, an internship, then to hot walker and groom at Belmont Racetrack in N.Y., then to exercise rider and in later years racehorse owner. Currently, Director of Equine Operations and Development for Knights of the Round Stable, Gerard also writes a weekly horse racing column. You'll find Gerard at Saratoga in the summer, Santa Anita in the winter and his beloved Belmont as often as possible.

Gerard's contact info:
 Twitter: @haley296
 isportswebgerard@yahoo.com

EQluxé shop the shoot

Out the gate



MILIN kylie top \$175 www.milin.com | NISSA gilded hoop earrings \$56 www.nissajewelry.com | SANDRO of PARIS long skirt \$295 www.sandro-paris.com
POUR LA VICTOIRE jules \$195 www.plvshoes.com | BOTORI taylor riding pant \$105 www.botori.life.com | ATELIER CG lipizzaner choker \$130 www.ateliercg.com
DONNA B FINE ART checkmate equestrian silk scarf \$150 www.donnaberstein.com | ARIAT platinum show coat \$499, aptos show shirt \$42 www.ariat.com



E Q BEAUTY
luxe

MIND
the GAP

Seasons are changing and so should your skin, hair and makeup routine. The weather dictates what we wear and there is no reason why your skin and makeup style should be any different. To help, we have rounded up our favorite products and advice from those in the know to send you into the ring of seasonal changes feeling confident and irresistible.

Photography Shelli Wright | Model Lisa Yakovina | Beauty Kristina Cardwell

The Shower, Perfected.



Clean

We all know the importance of keeping it clean. Whether it's in competition or after a dirty day at the barn. As the season changes our skin is met with different obstacles including weather, pollens, extra mud or for some of us aging. You can combat the elements, but what about your look? As the days get shorter, do you find yourself not taking the time to add that extra dash of glam to your makeup routine? We've rounded up the best to help you stay looking fresh and ready for anything.

round



Prep/Upkeep



We all know the importance of keeping it clean. Whether it's in competition or after a dirty day at the barn. As the season changes, our skin is met with different obstacles including weather, pollens, extra mud or for some of us aging. You can combat the elements, but what about your look? As the days get shorter, do you find yourself not taking the time to add that extra dash of glam to your makeup routine? We've rounded up the best to help you stay looking fresh and ready for anything.

MURAD Essential C Toner \$30 www.murad.com
Essential-C Toner by Murad is a patented formula that restores balance and rejuvenates environmentally stressed skin. Cornflower and licorice root extracts tone and brighten skin for a healthy radiance while natural moisture factors condition and help skin retain healthy hydration levels. It's great, just spray evenly over clean face, neck and chest.

KATE SOMERVILLE DermalQuench Liquid Lift
advanced wrinkle treatment \$140
www.katesomerville.com

This is the bomb. Not only do I feel refreshed, but it's tingly sensation is magical. For someone who may not be a little filly, it really does diminish the appearance of worry lines. This powerful anti-aging booster combines hyaluronic acid and oxygen to combat the appearance of wrinkles, sagging skin, uneven skin tone and dryness.

AESOP Purifying facial exfoliant paste \$53
www.nordstrom.com

Fine riverbed quartz contained in a cream base sloughs away tired surface cells while lactic acid offers a mild chemical exfoliation to leave skin immediately cleansed, soft and polished

PHILOSOPHY Purity made simple one-step facial cleansing cloths \$15 www.philosophy.com
The oversized, ultrasoft cloths are designed to swipe away dirt, makeup and oil in one super-simple step, leaving skin feeling perfectly clean with no need to rinse. Keep purity made simple one-step facial cleansing cloths in your purse, gym bag or travel bag for pure, clean skin wherever you go.

LA PRAIRIE skin caviar luxe eye lift cream \$350
www.laprairie.com

A richly textured eye cream that targets the seven most prominent eye-area agers, offering a maximum amount of lift, firmness and hydration. Restorative algae extract inhibits the appearance of darkness under the eye, while the brand's exclusive Cellular Complex uses cutting-edge biotechnological ingredients to help revitalize and energize at the cellular level.

BIBIMBAP The Healing Salve \$24
www.bibimbapskin.com

This miracle salve is great if your heart loves the horses but your body hates the alfalfa. The Healing Salve is a topical alternative to cortisone creams, providing soothing and healing benefits for a variety of dermatological conditions including eczema, dermatitis, rashes, and hives.

DIOR Rouge blush \$44 www.nordstrom.com
The shades are buildable to suit any desired effect from soft to bold, and are available in matte, satin and shimmer finishes. High-intensity Rouge Blush touches cheeks with sultry, long-lasting color, revealing an irresistibly radiant, healthy glow.

LAURA MERCIER Tinted Moisturizer SPF 20 \$45 www.lauramercier.com
A sheer-coverage multitasker for a healthy, no-makeup look and a natural dewy finish. My go to. Any day everyday! the coverage is just enough and it keeps your skin looking amazing.

TOM FORD Eyeshadow Quad \$88 www.tomford.com
Where would I be without my Tom Ford. Seriously ladies, jump on board if you haven't already. Designed with four complementary shades to achieve multiple looks, from a bold, smoky eye to a sexy slash of color and everything in between. With four different finishes from sheer sparkle to satin to shimmer to matte, each color can be worn alone or layered to create a look that's smoky, sexy or subtle.

NARS Highlighting cheek palette \$49 www.nars.com
I do not leave home without it. It's my own little pick me up and make me feel happy and shiny palette. These opalescent cheek shades with supernatural sheens are presented in two palettes in a range of pink shimmers and golden bronzes that can be worn for a dry shimmering veil of second-skin color or wet for high-impact glow. They say it's a limited palette, so go and get one now.

BENEFIT They're Real push up liner \$12 www.sephora.com
An innovative, waterproof, lash-hugging gel eyeliner pen. This matte gel formula won't smudge, budge or dry out, and the innovative soft AccuFlex Tip hugs your lashline from corner to corner. The closer the line, the bigger the eye.

URBAN DECAY Vice Lipstick \$18 www.urbandecay.com
With so many affordable lip colors to choose from, you do not have to be stuck wearing the same shade day into night. Vice Lipstick comes in a massive lineup of addictive shades and six indulgent finishes—Urban Decay's biggest lineup yet. Vice has it all, from bold brights to dark, sexy shades to super-versatile neutrals. The creamy antioxidant formula will not only nourish your lips but will hydrate and soften them as well.

CHANEL Le Vernis Longwear Nail Colour \$28 www.chanel.com
This polish stays on. Enriched with bioceramics and ceramides, it provides deep care to strengthen and improve the quality of nails over time. Along with protective benefits, the formula features carefully selected pigments for an even application and a dramatic, lacquered look.

Making UP





HATS

stable to street

ff

Going somewhere after the barn that requires you to not have dirt, sweat, and grit all over your face? Don't have time to go all the way home for a shower? I find myself dealing with this more often than not, and have learned how to make a triumphant quick barn to beauty change. Here is a list of our favorite quick barn beauty products that should always be in your bag.

written MADDY PASQUALINI | photography SHELLI WRIGHT

model LISA YAKOVINA | beauty KRISTINA CARDWELL

hat Stetson | dress Malibu Road

MAC Prep + Prime Fix + Matte Mist: Keep your post barn look in check with the best matte spray I have ever used. It lasts forever, and will keep your makeup and skin shine and oil free. \$26 www.maccosmetics.com

LIVING PROOF Perfect Hair Day Dry Shampoo: The cure for helmet hair; this dry shampoo actually cleans your hair, giving it new life and volume. It comes in travel size, and smells amazing. I buy it in bulk, because that's how much I love it. \$23 www.livingproof.com

GLOSSIER Boy Brow: Ultra compact, and ultra effective. This brow gel takes about 2 seconds to apply, and makes all the difference. \$16 www.glossier.com

BIBIMBAP cleanser and moisturizer: Grab a clean towel and run to the bathroom. This gel to foam blend removes makeup, oil and dirt from your pores without stripping your nutrients. Finish up with a quick whipped pump of the moisturizer and you'll feel immediately refreshed and glowing. \$69 - \$80 www.bibimbapskin.com

CLE DE PEAU BEAUTY Concealer Broad Spectrum SPF 25: If you know, you know, if you don't, buy a compact stick of this superstar concealer and prepare to be amazed. I use this to quickly and fully cover any spots and discoloration. \$70 www.nordstrom.com

DIORSHOW Iconic Overcurl Mascara: I like to make sure I look nice and alive after a long ride, and this mascara does just that. Your lashes will be voluminous and curled to perfection. \$29 www.nordstrom.com

RMS Living Luminizer: This tiny jar packs a punch. It takes seconds to apply, and I use it on my cheeks, nose, and eyes for the perfect pop of shine. \$38 www.rmsbeauty.com

PRINROSE Secret Genius Shimmer Mist Spritz and off you go. This enticing vanilla mixture will leave you shimmering and smelling terrific. \$42 www.sephora.com

FRESH Sugar Cream Tinted Lip Treatment: I never go anywhere without this. Sugar Cream Lip Treatments marry the benefits of lip color and skin care with creamy formulas that deliver a soft, modern glow. \$24 www.fresh.com



actually cleans hair
eliminates oil, sweat & odor
how long can you go?





1. JOICO Joigel medium styling gel 08
\$15 www.joico.com

Joico Joigel styling is an alcohol-free gel with medium styling control and shine to support hard-to hold hair.

Panthenol, a vitamin B5 derivative that is a natural humectant, provides additional moisture, body and sheen. Protectants fight environmental effects. You can use this firm hold gel to create wet or dry looks. Provides excellent support, control and shine without flaking. For all hair types, especially thick-to-coarse hair.

2. ORIBE Star Glow Styling Wax
\$42 www.bloomingdales.com

Joico Joigel styling is an alcohol-free gel with medium styling control and shine to support hard-to hold hair. Panthenol, a vitamin B5 derivative that is a natural humectant, provides additional moisture, body and sheen. Protectants fight environmental effects. You can use this firm hold gel to create wet or dry looks. Provides excellent support, control and shine without flaking. For all hair types, especially thick-to-coarse hair.

3. KEVIN MURPHY

SHIMMER.SHINE Repairing shine mist
\$29 www.jet.com

Kevin Murphy's SHIMMER.SHINE spray will have the people wondering what your twinkle is all about. After styling or a hard day slaying at work spray this magic potion over those tresses to make those hair flips count.

The Baobab Seed extract adds mega moisture while Immortelle puts the breaks on damage. There is even a blonde formula to keep that hair as icy as your heart.

Your hair will be smelling like the day you left the salon with its intoxicating scent. AND don't forget the furbabies.. Kevin Murphy doesn't!!! One of the only hair companies proudly accepted by PETA, and their ethical practices don't stop there, google it!!! It's a product you can feel good about again and again!

4. ALTERNA HAIR CARE

Bamboo Smooth Kendi Dry Oil Mist
\$25 www.sephora.com

Alterna Hair care bamboo smooth Kendi mist is a A weightless, nutrient-rich, dry oil mist that protects hair from heat styling tools, enhances shine, and boosts hair's health.

This double-duty formula can be used as a deeply nourishing treatment that helps to repair split ends and environmental damage, and as a color protecting style primer. Formulated with strengthening organic bamboo and smoothing organic kendi oil, it banishes frizz and gives your hair intense shine while putting vital nutrients back into the hair.

This formula is free of DEA/TEA, petrochemicals, and dyes. The bamboo extract and kendi oil infused into this product are eco-certified, fair-trade compliant, and certified organic. Their production and sale aid in supporting the development of local communities while remaining environmentally friendly!

5. LOREAL PARIS Elnett Satin Hairspray
\$15 www.lorealparisusa.com

This hair spray is a legendary, known as the gold standard for red carpet events and shoots. The precious oil hairspray has been specifically formulated to soften, smooth and add shine to dry damaged hair. It's ultra fine mist leaves hair feeling clean with a lightweight, soft shiny finish and satin touch. Infused with luxurious silky Argan Oil.

Glow UP ALREADY!

By Celebrity Hair Stylist Jodi Vaughn

Are your precious locks dull from your summer show season lifestyle? Are you ready for some sleek fall hair before it ends up tucked away in that oh so cozy beanie all winter? Here are some of our faves to help you achieve that perfect runway style push back while treating your hair kindly with conditioning products.



D.I.Y.

Push Back Slick

Step 1 START WITH DAMP HAIR

You would think you'd have to start with soaking wet hair for this style, but that's not actually the case. And once you hear the reason why, we promise it will all make sense. In order to get the right look, you actually have to start with damp—not wet—hair. That's because if your hair is dripping wet, the hair gel you use in the following step won't stick, which means you won't be able to sculpt your hair into perfection.

Step 2 PICK THE RIGHT HAIR GEL

Choose a non-sticky, high shine hair gel, a medium or strong hold hair gel will keep hair in place, even defying gravity, all day (or night) long.

Step 3 APPLY A HEAPING AMOUNT OF HAIR GEL TO YOUR ROOTS

When it comes to the wet hair look, don't skimp out on applying some product. Yep, this is your permission to go to town with your hair gel! Take a generous helping of hair gel and work it through your locks, starting at your roots. Start with a dollop of hair gel, but feel free to add more as you go to really amp up "wet" look. Feel it out to see what you like the best, but keep this in mind: Essentially, the more gel you add, the wetter your hair will look.



ELIE SAAB BACKSTAGE

Step 4 COMB OR BRUSH YOUR HAIR BACK

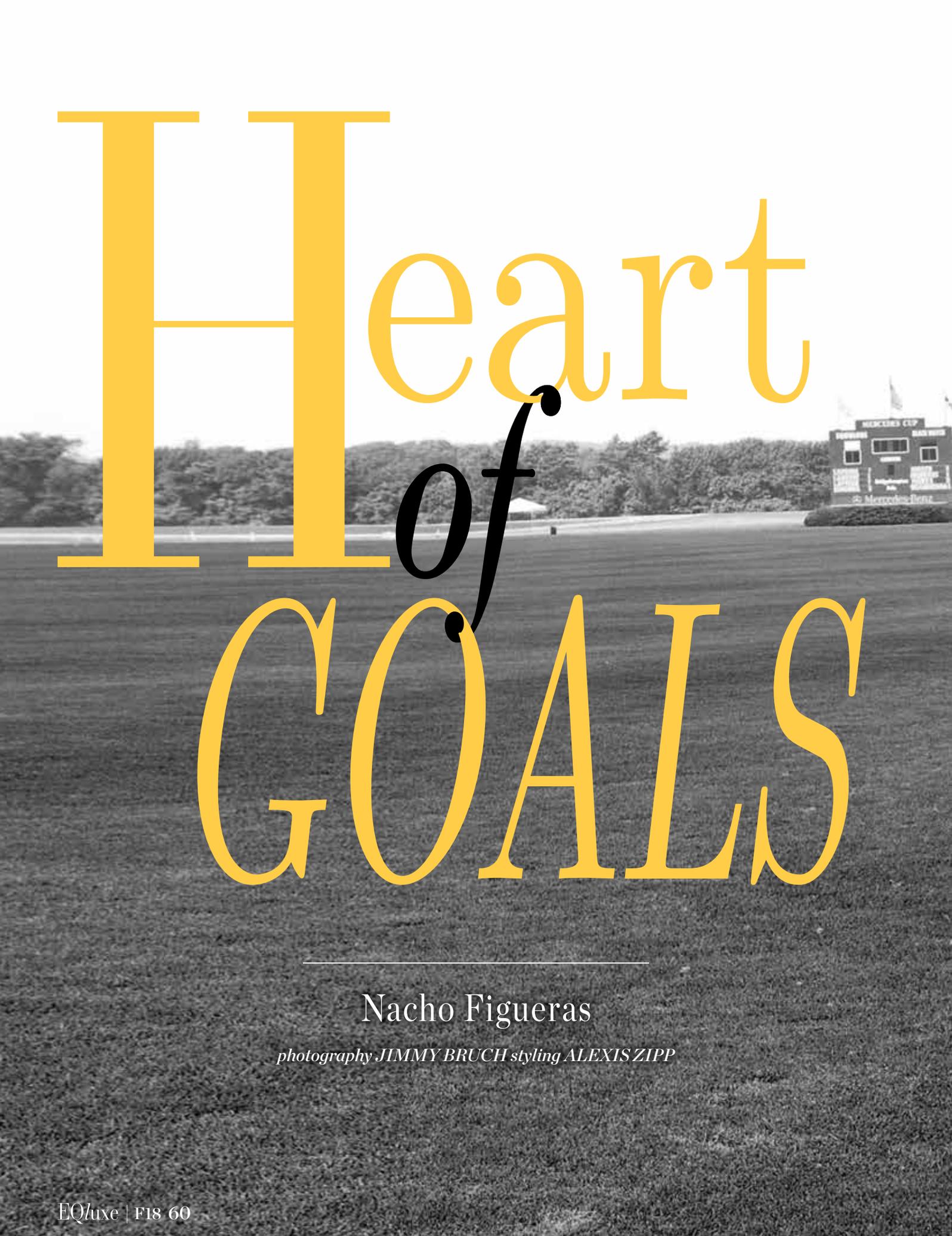
Depending on the look you're going for, there are a variety of combs and hair brushes you can use to style your strands. For this look, consider opting for a fine tooth comb. Once you've applied a generous amount of hair gel, take the comb and work it through your hair from root to tip. You can also use a boar bristle brush for a sculpted look. The soft bristles on a boar bristle brush can help smooth back your hair and evenly distribute the hair gel without creating any bumps.

Step 5 SPRITZ ON A GLOSSING SPRAY

Now that the roots of your hair have a nice glossy finish, it's time to focus on the rest of your hair. Make the bottom of your locks blend with the top by using a glossing spray. Hold the bottle 6-8 inches away from your hair and spray it evenly throughout your lengths, avoiding the roots.

Step 6 KEEP EVERYTHING IN PLACE WITH HAIR SPRAY

As with any hairstyle (wet ones included), using a hair spray at the end of the process can help to hold everything together. Reach for a shine-enhancing hair spray, like the L'Oréal Paris Elnett Precious Oil Satin Hairspray, and spray it all over your mane. Whether you're out at dinner with that someone special or dancing your heart out at a club with your girlfriends, using a hair spray can help keep your style in place so you don't have to worry about too many touchups. You can also use hairspray to help keep baby hairs in check.



I Heart *of* GOALS

Nacho Figueras

photography JIMMY BRUCH styling ALEXIS ZIPP

Note from the ladies:

It was a difficult decision. Here we were handing over our cover feature of hunky equestrian celeb Nacho Figueras to the guys on the team. What were we thinking? Something different perhaps. Once you read on we are pretty sure you will agree that the outcome turned out even more interesting this way. We all know we would have riddled the feature, which was originally slated to promote the charities Figueras supported, with ooohs and ahhs as we peeled back the layers of all who is Nacho Figueras: Equestrian Icon, Family man, Fashion ambassador, Architect, Horse Breeder, Romantic Fiction Writer. You heard correctly. Yes, I'm sure we would have focused on everything us gals love to read about. Romantic fiction writer? We'll have to circle back on that one. But what about a man's point of view? What do men think about this talented over achiever? Are they threatened? Enamored? Doesn't that seem more interesting? So with Jimmy Bruch on the lens and Chris Bredesen on editorial we gave them free rein. I'm sure there will be lots of talk about architecture, making the world a better place with Prince Harry and ponies. We can live with that.





Written By Chris Bredesen

When
researching

Nacho Figueras,

which is short for Ignacio, I found that very rarely do you come across a human being that encompasses everything you wish you could be. Attractive, kind, and generous. Check. Amazing polo player. Check. Person who makes the world a better place (with Prince Harry by the way and battling AIDS in Africa). Check. Often times for the rest of us, we fail to get there. I find that as equestrians we are a different breed. Pun intended. We are more connected to our surroundings and that is inspired by horses. Nacho has taken that same feeling and pushed it into philanthropy and honestly deserved celebrity stardom but his focus is on making the world a better place. I feel he's changing the world. And he looks damn good doing it.





Being that this is our philanthropy issue, I thought it would be prudent to focus on Nacho's involvement with charitable organizations as his personal life as father and husband and all around sexy man are pretty much common knowledge these days. One of the closest to his heart is the charity Sentebale. The charity, started in 2006 by Prince Harry (aka Duke of Sussex) with HRH Prince Seeiso focuses on education, care and mental-health support for children affected by HIV in Lesotho and Botswana in Africa and provides support for 400,000 children every month. Lesotho and Botswana respectively have the 2nd and 3rd highest HIV prevalence rates in the world.

Nacho told us, "I have a personal relationship with Prince Harry and his deep commitment to this great cause, Sentebale. I have been to Lesotho twice and seeing those children was life changing for me. I have been a Sentebale ambassador since 2013."

In addition to the ambassadorship and travel, Figueuras and Prince Harry created the Sentebale Polo Cup, which is an annual fundraising event to not only raise awareness but to provide support to the cause. This year the Sentebale ISPS Handa Polo Cup returned with much fanfare to the Royal County of Berkshire Polo Club in London after being held in Singapore last year. The goal for the polo event is to raise one million dollars each year. The highly publicized event was a huge success. The match itself was a victory of course for the Sentebale team with the final goal being assisted by Prince Harry and driven through the goal by no other than...yes, you guessed it. "Harry is the first to wake up, the first to fix a water leak, the first to lead the team," Figueuras said. "He's been an inspiration for me in what it means to be a leader of our generation. I'm proud to play with him today."

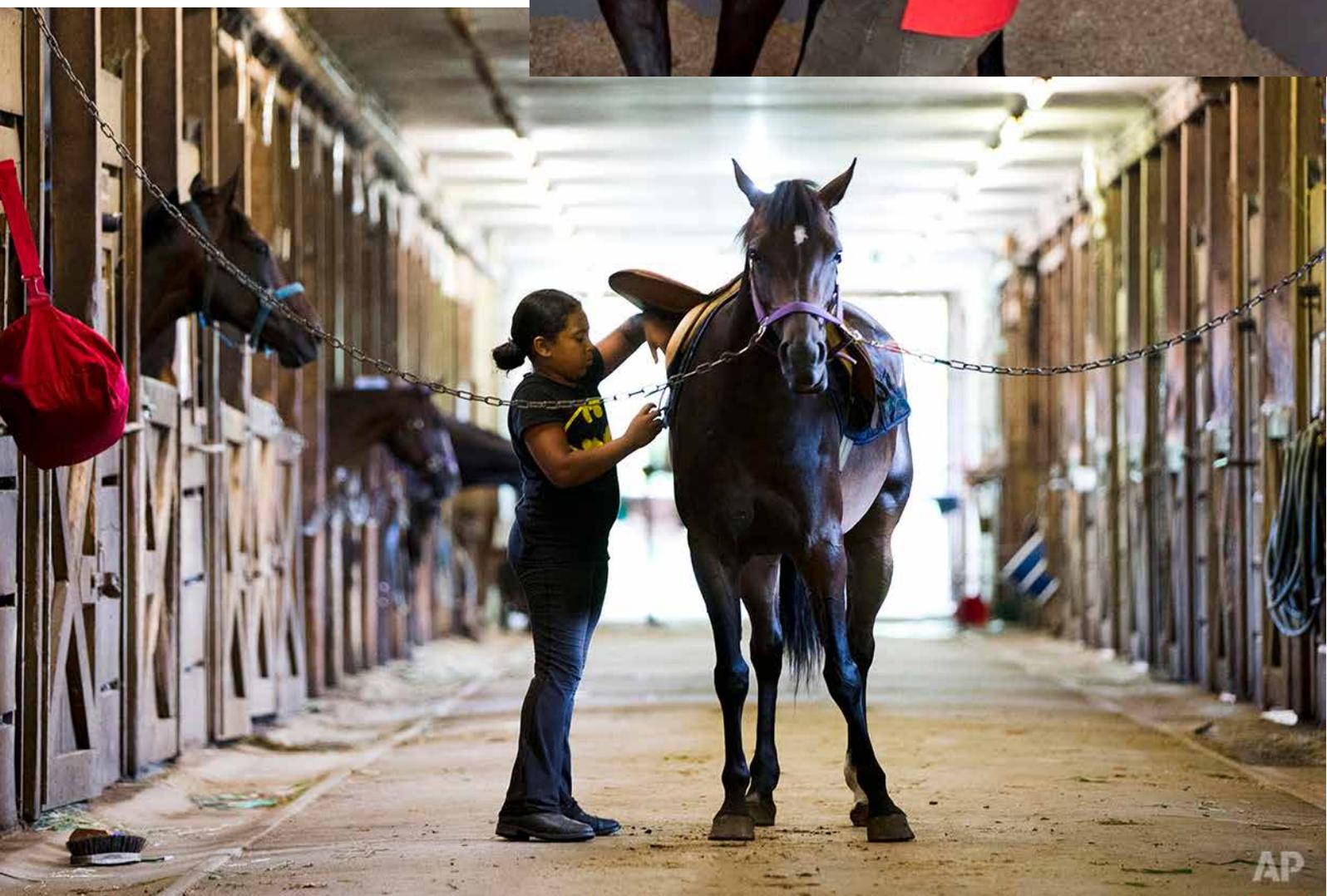
Figueuras' philanthropic presence has risen in recent years much like his celebrity status. However, the tried and true has always been his passion for horses. Ask anyone who knows him, has spent time with him, or even briefly came into contact with him, and they will tell you

“I have been to Lesotho twice and seeing those children was life-changing for me. I have been a Sentebale ambassador since 2013.”



EQluxe *feature*

he's a horseman first and foremost. His initial goal (no pun intended) has always been to bring Polo to the masses. He still pursues this idea through another charitable organization called WORK TO RIDE which he explains "Is another charity that is close to my heart. A great program that brings inner city kids into the world of horses and polo. Polo becomes something these kids look forward to everyday and it gives them a reason to stay out of trouble and and work hard." Founded in 1994 in Fairmount Park, Philadelphia, Work To Ride works with kids ages 7 to 19 and after a young person signs on for a year commitment they usually remain with the program through high school graduation and beyond. The program consists of training, riding, performing horse care and barn management chores and many choose to learn polo. Work To Ride graduates also receive help with college enrollment, and most choose to return to mentor new participants. In recent interviews I've heard Nacho say that he truly believes the sport is not just for royals or the rich but should be and can be enjoyed by everyone. I agree, and coming from a man who spends most of the time with my horses in a barn I'm wondering where do I sign up? I feel a segue coming on. Can we talk about the barn?



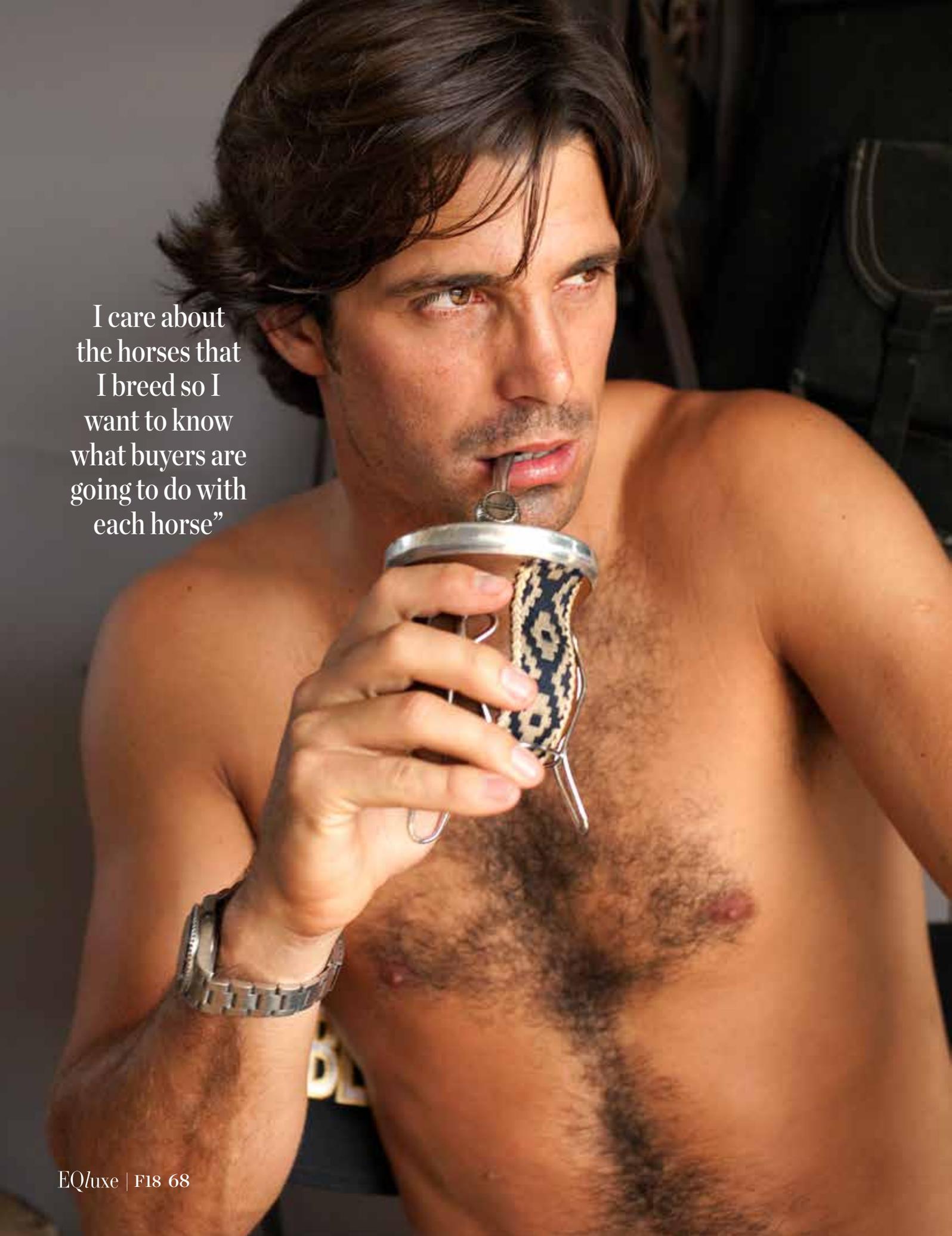
“We wanted to create a place
that was practical, yet as
inspiring as an art museum”

photos courtesy of ESTUDIO RAMOS

It's not a barn by the way. It's an expansive multi-property breeding farm of exceptional high ranking polo ponies in Argentina called Cria Yatay which he started in 2004. His latest of the properties, an architectural beauty El Yacare, finished in 2017, has made quite a statement with features and articles published in probably every magazine you could think of. The property is fantastic. A modern, functional, easy on the eyes dream if you will.

“We wanted to create a place that was practical, yet as inspiring as an art museum,” Figueras tells Architectural Digest in their feature. And he did. The property El Yacare, which was built with architecture firm Estudio Ramos, will make any equestrian salivate and suddenly make you wish you were a pony living there. The Polo Club consists of two long buildings with the total area of 3850 square meters (41,440 sq.ft), 44 stalls and 4 polo fields. I've been told it becomes part of the landscape if seen from a plane from up above. What a marvel. The wing facing the polo fields functions as the social area where Figueras entertains potential buyers personally. “I care about the horses that I breed so I want to know what buyers are going to do with each horse.”



A shirtless man with dark, wavy hair and a light beard is looking off to the side. He is holding a metal cup with a patterned sleeve and a straw in his mouth. He is wearing a silver watch on his left wrist. The background is dark and out of focus.

I care about
the horses that
I breed so I
want to know
what buyers are
going to do with
each horse”



photos courtesy of ESTUDIO RAMOS

He also plays polo with potential buyers! Not many of us can afford world-class polo ponies, but I think I would prefer seeing if my future pony was a good fit while playing polo with Nacho if I could. You can also helicopter straight to the stable if you are so inclined. Are we inclined? I'm inclined. How do I go about arranging that Mr. Figueras?

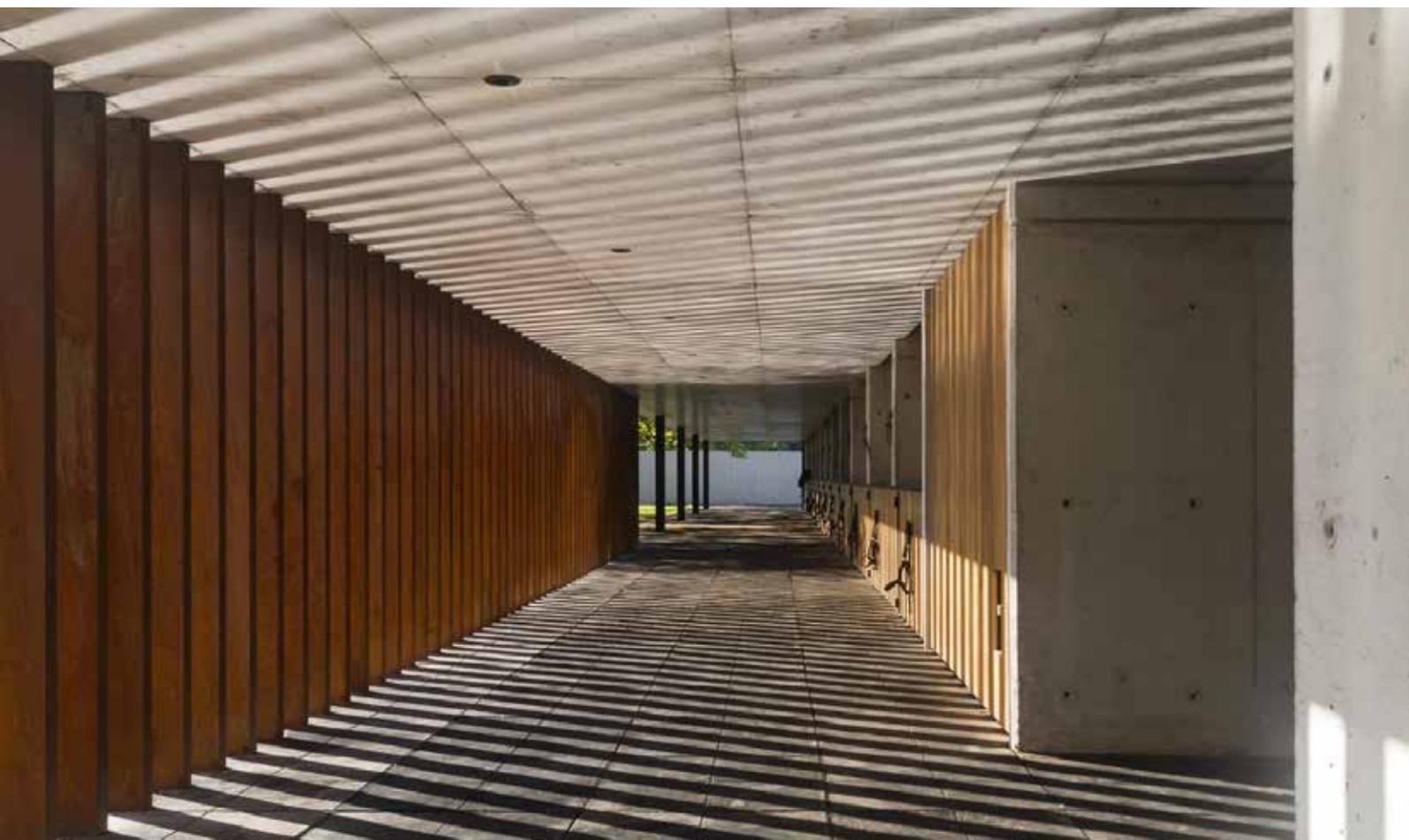
GET CONNECTED

www.nachofigueras.com

@nachofigueras

Sentebale www.sentebale.org

Work To Ride www.worktoride.net



RACCY

on Track with style

silks



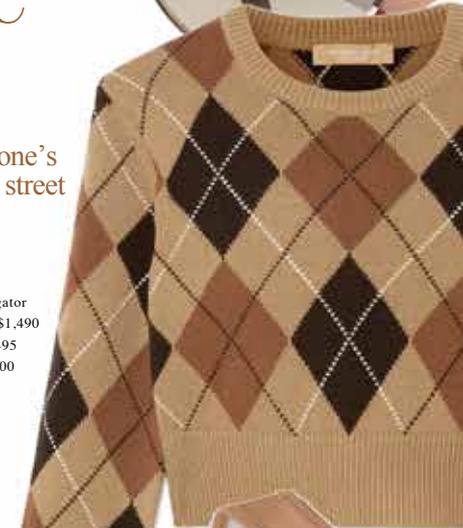
EMILIO PUCCI silk-georgette pants \$875 www.emiliopucci.com TOGA f/w 2018 TIBI silk-twill dress \$1,195 www.tibi.com GALVAN silk-satin gown \$1450 www.galvan.com
MICHAEL LO SORDO Silk-satin trench \$900 www.pre-a-porter.com GUCCI silk-twill shirt \$1800 www.gucci.com SLIP silk pillow case \$105 www.slipsilkpillowcase.com
BURBERRY equestrian print silk twill scarf \$170 www.burberry.com



KAT/like reflex

Pounce back into FALL layering Pantone's Meerkat shades of brown. EQ stable to street style has never been so easy.

- ALBERTA FERRETTI Fall 2018 runway
- CARTIER Tank Louis Cartier 22mm small 18-karat gold and alligator
- FENDI Logo-jacquard stretch-knit and leather over-the-knee boots \$1,490
- CHLOE Embroidered cotton-blend velvet straight-leg pants \$1,495
- BR Riding helmet Premiere Aspire Premium Crystal VG1 \$185.00
- CHEATA sport equestrian trotter bra \$70
- MICHAEL KORS cropped argyle cashmere \$795
- HERMES sellier chut car net \$220
- PANTONE meerkat swatch



Nash



Nashville

Written by Maddy Pasqualini

Warning: if you're looking for a Fodor's guide to Nashville, this isn't it. I'm not here to tell you to visit the Grand Ole Opry or take a tractor on a bar crawl (real thing), I'm going to tell you the best ways to indulge in, and enjoy this amazing city without stumbling out of a bar onto Broadway.



Where to STAY: Omni Nashville

The Omni Nashville Hotel is created specifically to be an authentic expression of the city's vibrant music culture. Across from the Music City Center, this downtown Nashville hotel is a one-of-a-kind experience, fully integrated with an expansion of the Country Music Hall of Fame® and Museum on three levels. Located on Fifth Avenue between Demonbreun and Korean Veterans Boulevard, Omni Nashville Hotel's design is a modern expression of the city's distinct character, incorporating natural materials, exposed steel and regional limestone. The multi-story hotel and expanded museum share meeting and entertainment space and bring additional restaurants and retail venues to this dynamic destination in downtown Nashville. Yes, Nashville has some incredible food options, but don't sleep



on the delicious dining options available at the Omni. Whether you're seeking a light breakfast, an elegant dinner or private in-room meal, you'll find exactly what you crave right inside the hotel. Bob's Steak & Chop House is ranked as one of the



top steakhouses in the country. They expertly combine simple elegance, stiff drinks, fine wines, and large cuts of the finest prime steaks, chops and seafood. Kitchen Notes offers traditional Southern dishes made from treasured family recipes, and a famous Biscuit Bar that serves hot and fresh biscuits throughout the day. Along with these amazing eateries, the hotel features a bar and coffee house that serve food as well.

The hotel features 800 well-appointed guest rooms, along with 54 luxurious suites for you to kick up your feet and relax in. If you're in the mood to truly take a break from all that Nashville has to offer, the incredible Mokara Salon

& Spa offers a full-service spa experience. Make time for a soothing facial, body treatment, massage, salon service, manicure or pedicure all while you rejuvenate in this refined quiet oasis. A rooftop swimming pool and whirlpool with a lounge deck and cabanas are also available all with stunning views of downtown Nashville.

BOOK IT:
250 Fifth Avenue S.
Nashville, TN
(615) 782-5300



Where to EAT

If there's one thing Nashville is known for aside from music, it's food, and I made sure to indulge in all of it (for work purposes, of course). If there's one spot you must visit it's Husk, but I listed a couple more in case you find yourself with some extra time, and extra room in your belly.

HUSK

Located in Rutledge Hill – just a few blocks south of Historic Broadway, in the heart of Downtown Nashville – Husk, from The Neighborhood Dining Group, is reinterpreting the bounty of the surrounding area, exploring an ingredient-driven cuisine that begins in the rediscovery of heirloom products and redefines what it means to cook and eat in Nashville.

At Husk, there are rules about what can go on the plate. “If it doesn't come from the South, it's not coming through the door.” The resulting cuisine is not about rediscovering Southern cooking, but rather exploring the reality of Southern food. Seed-saving, heirloom husbandry, in-house pickling and charcuterie programs by the culinary team are the basis of Husk's cuisine.

Diners at Husk view an open, collaborative kitchen, where chefs freely interact with their guests, and personally deliver food to tables. They grow much of their own produce on the restaurant's garden, and concentrate on heirloom grains and vegetables that once flourished in the region, but were lost to 20th-century industrial agriculture. Then they take what is fresh and available today, or even this hour, and transform it into an evolving menu. Seasonal bounty comes in waves, however, and what they can't use immediately is preserved, pickled, smoked, and saved. The menu flourishes with Lowcountry ingredients, like Local Benne Seed, or Sesame, which flavors a Benne and Honey Lacquered Duck with Pickled Blueberries and Chanterelles and Crispy Pork Collar gets paired with Cornbread Purée and Greasy Beans. Other innovative examples include Sassafras Glazed Pork Ribs with Pickled Peaches and Rev Taylor Butter Beans; House Cured Country Ham Tasting with Acorn Griddle Cakes; and Rabbit-Pimento Loaf with Husk Mustard, Pickles and Rice Bread. My personal favorite was the incredible chicken wings that had just the right amount of kick.



VISIT HUSK

37 Rutledge St.
Nashville, TN
(615) 256-6565
www.husknashville.com



Monell's

Sit down and stuff your face with this truly traditional Southern meal. Served family style, be prepared to eat meatloaf, fried chicken, mac & cheese, biscuits, pie, and so much more.

VISIT MONELL'S

1235 6th Ave. North
Nashville, TN
(615) 248-4747
www.monellstn.com

The Soda Parlor

Enjoy an insanely indulgent and delicious dessert while you play some of the best vintage arcade games (free of charge). I stayed at The Soda Parlor for probably 4 hours straight on a Saturday night, and had the best time.

VISIT THE SODA PARLOR

966 Woodland St.
Nashville, TN
www.thesodaparlor.com



Where to SHOP

Nashville has a surprising amount of wonderful places to shop; quaint neighborhoods lined with well curated independent boutiques. The neighborhoods that top the list are Green Hills, Hillsboro Village, 12 South, Germantown, and East Nashville. Each has it's own vibe from the high-end Green Hills to the hipster East Nashville. Listed below are my three personal favorite boutiques, but do yourself a favor and explore all these neighborhoods for the best shopping experience possible.



The Gift Horse
1006 Fatherland Street, Ste 301
Nashville, TN
(615) 727-4404
www.gifhorsenashville.com

Adorable and tasteful local artist focused shop filled with unique gifts and home goods that can only be found in Nashville.

White's Mercantile
2908 12th Ave South
Nashville, TN
(615) 750-5379
www.whitesmercantile.com

"A general store for the modern day tastemaker" featuring a beautifully curated collection of simply chic and luxurious brands.

Hatch Show Print
224 5th Avenue South
Nashville, TN
(615) 256-2805
www.hatchshowprint.com

The iconic letterpress is a must see. Buy an authentic (and genuinely chic) print to take home with you for a reasonable price.

What to DO

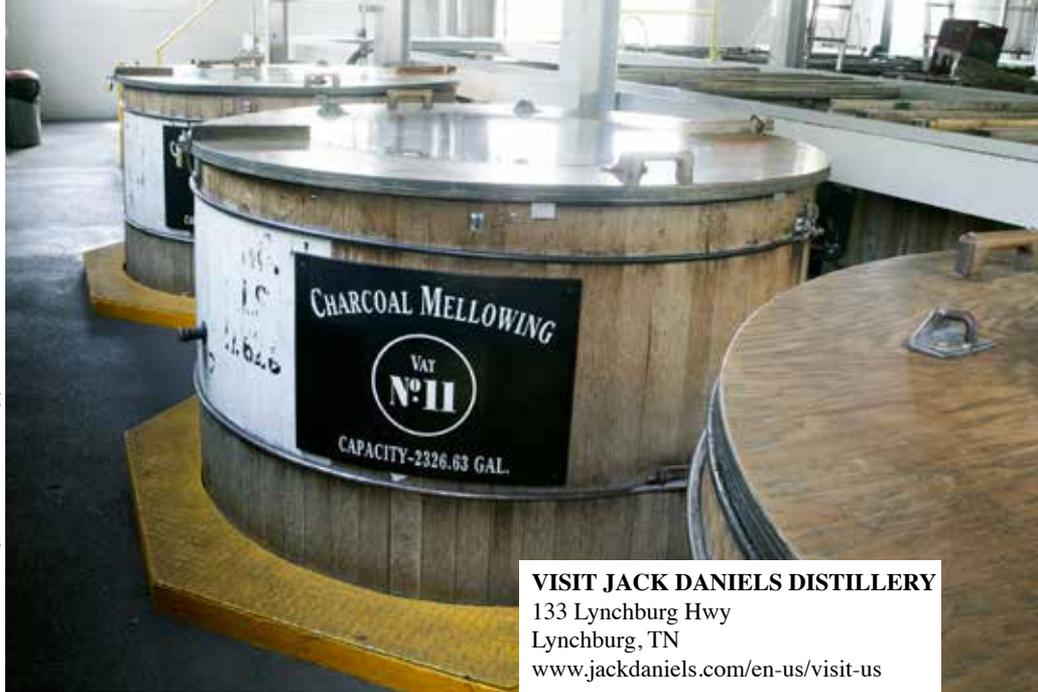
Aside from shopping, and stuffing your face, there are some other pretty great things to do in Nashville and it's surrounding areas. From the traditional to the not so traditional, there's something for everyone.

Jack Daniel's Distillery

Go take an incredible tour of where one of the best whiskeys in the world is made. Established in the 1830s and registered by Jack Daniel in 1866, the Jack Daniel Distillery is the oldest registered distillery in the United States. Upon entering this beautiful lush property you'll feel like you've stepped back in time to the 1800s. Nestled in the rolling green hills of Lynchburg, TN, the distillery features a barrelhouse holding more than 20,000 barrels of whiskey, the rickyard where cords of hard sugar maple wood are burned to make the famous charcoal used to mellow the whiskey drop by drop, the underground cave spring — the source of the iron-free water that runs at a constant 56 degrees (my favorite



feature), the whiskey making process including the whiskey stills, the fermenting tanks and the charcoal-mellowing vats, Jack Daniel's first office, and The White Rabbit Saloon, a reconstruction of a saloon Mr. Jack operated in Lynchburg before the advent of Prohibition. Tours are offered daily from 9am to 4:30pm and typically last an hour and fifteen minutes. Jack Daniel's also offers several enhanced tours which include a sampling of the hometown product. I highly recommend taking one of the enhanced tours, for the full Jack Daniel's experience, not only was it fascinating and informative, but it was just plain fun. After the tour do yourself a favor and make a reservation to eat at Miss Mary Bobo's. Bobo's is a quick walk thru the adorable town of Lynchburg from the distillery. This Southern institution serves up insanely delicious classics that will top off your tour perfectly.



VISIT JACK DANIELS DISTILLERY
 133 Lynchburg Hwy
 Lynchburg, TN
www.jackdaniels.com/en-us/visit-us



The Country Music Hall of Fame

A classic Nashville location, that's an undeniably good time. Listen to the classics, and check out some of the priceless memorabilia.

VISIT THE COUNTRY MUSIC HALL OF FAME

222 Fifth Avenue South
 Nashville, TN
 (615) 416-2001



Opryland

Do I understand what Opryland is, and what on earth the theme of it is? No. But is it one of the most entertaining and bizarre places to visit? Yes. There's a riverboat that runs through it, I don't know what else to say.

VISIT OPRYLAND

2800 Opryland Drive
 Nashville, TN
www.opry.com/



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DarkHorse

Dreamy White Barn in Connecticut

Written by Raquel Lynn of Stable Style photography Tim Lentz Photo

When I first spotted DarkHorse, a private barn built by Sequoia Contracting Company, I knew I had to share it on Stable Style. Alan Megerdichian is the owner of Sequoia Contracting Company, he gave me all the details on this beautiful facility.

“I have ridden and been around horses for the majority of my life. Sequoia has primarily been building custom homes for the past 35 years, but in recent years, we have been in the business of building high-end equine facilities – which has always been a personal goal of mine. Because of my many years in custom home building, I am able to apply my expertise and attention to detail with a unique perspective, as opposed to a traditional barn builder. As a result of previously building a custom residence for the owners of Dark Horse, they were highly confident in the quality of my work and extended free rein to both my team and myself throughout the entire building process of this barn.”





The barn is a 36' x 84' space with 14 stalls. Three of the stall spaces were used to make room for an indoor treadmill. local metal crafter fabricated a custom light fixture to go over the treadmill area as well as cabinetry pulls, shelf brackets, and coat hooks for the tack room. Alan also commissioned a glass blower to create custom shades for the light fixture over the treadmill.

The barn has a tack room, powder room, feed room, kitchen, grooming stall and wash stall. There is an office/lounge located on the second floor. The kitchen, office, tack room, and feed room are all conditioned spaces with AC and heat. Each stall has two cold water spigots to individually fill up the buckets from the aisle. Every stall has its own fan with individual speed controls. "For the ceilings of the barn, we used tongue and groove pine breadboard and painted them with Benjamin Moore 'classic grey', Alan explained. For all the walls of the barn, we used random-width knotty pine tongue and groove boards, stained the boards with pickling stain and applied two coats of water base polyurethane for easy cleaning."





The stall fronts were manufactured by Sunset Valley Metal Craft in Pennsylvania. No details were spared when it came to the barn floor.

“The aisle has a concrete border that’s been edged and has a broom finish. Within the concrete borders of the aisle, we used Unilock ‘Cophorne’ as a detail and in filled with Unilock brussels pavers set on one-inch stone dust base,” said Alan.

The tack room offers plenty of storage. It is another beautiful room where function and great design meets. Custom hooks, organized saddlery and an inside feed from equipped with a smug mini fridge for medical supplies.

The wash and grooming stalls are both outfitted with two Infratech infrared heaters that are controlled by timers. A washer and dryer are concealed behind a sliding barn door. And of course there’s a bathroom.

There’s a kitchen as well which includes a fancy addition of a commercial grade ice maker for the horse’s ice boots. Above you can find an office area with lovely light and a flat screen TV.





The Property has rapidly become one of the most popular horse barns trending around Instagram, providing eye candy for equestrians of every age. Let's go ahead and take a leisurely afternoon stroll around the property to see the exterior of the barn, pastures, riding arenas, and additional buildings constructed by Sequoia Contracting Company. The bright white buildings, stone details and lush landscaping provide picturesque views that any horse owner can easily fall in love with. Design details abound. Sequoia took into consideration every necessity including but not limited to a stone mounting block that will sustain itself through decades of winters no doubt.





The farm features four individual paddocks that surround the barn for easy access. The 120 x 180 riding arena is filled with Travel Rite footing. At one end of the riding ring is a 12 x 24 jump storage shed that can double as an additional two stalls if needed.

Behind the barn towards the back of the property is a 76-foot lunge ring supplied by Classic Equine. Sequoia Contracting fabricated custom galvanized panels to minimize the spacing between the bars for additional safety for the horses.

Thank you Raquel Lynn, Alan of Sequoia Contracting Company for sharing this amazing project with us! Be sure to keep up with @sequoiacontracting and @darkhorse_equestrian and @Stablestyle on Instagram to see even more dreamy photos. For more Stable Style, visit www.stablestyle.net





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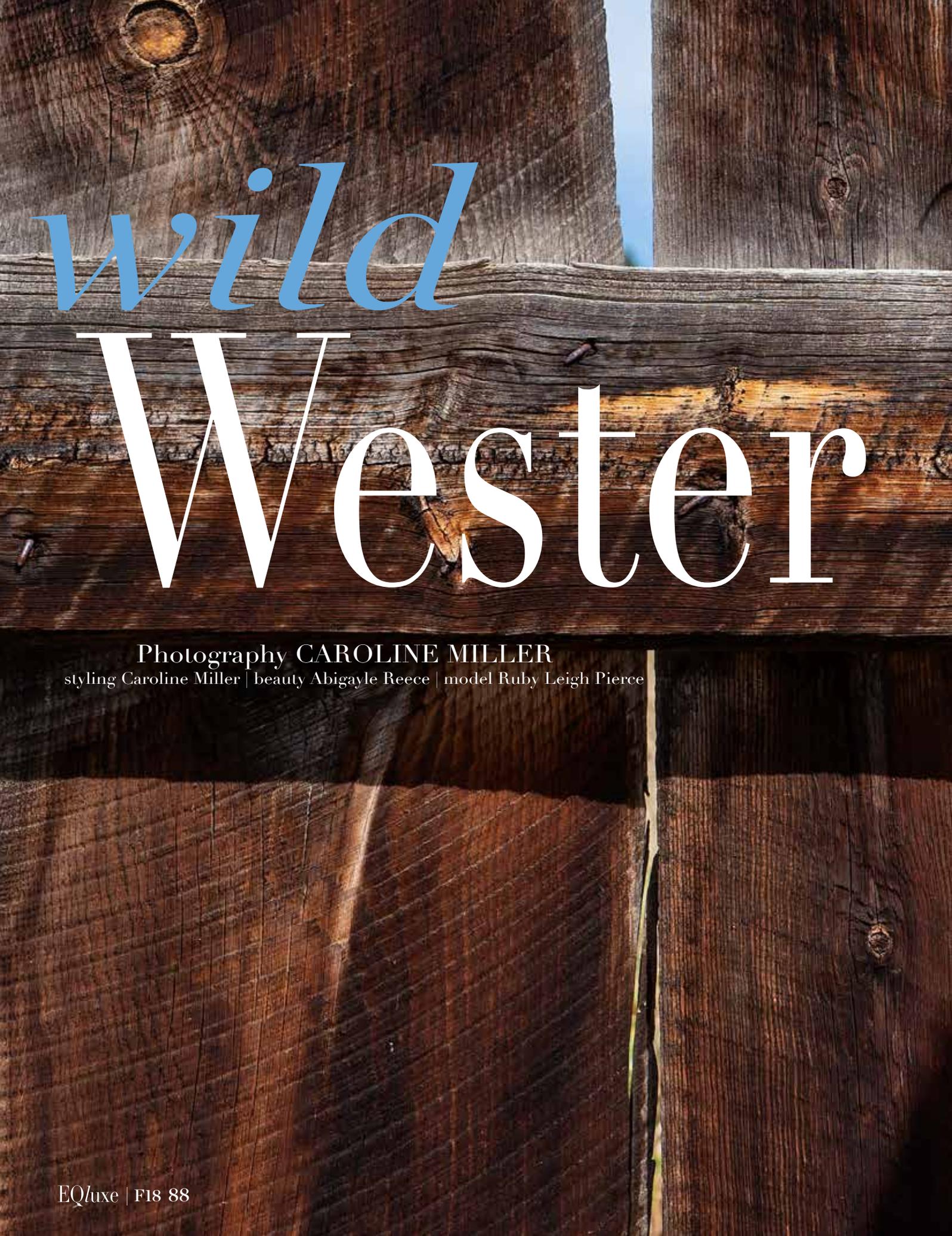
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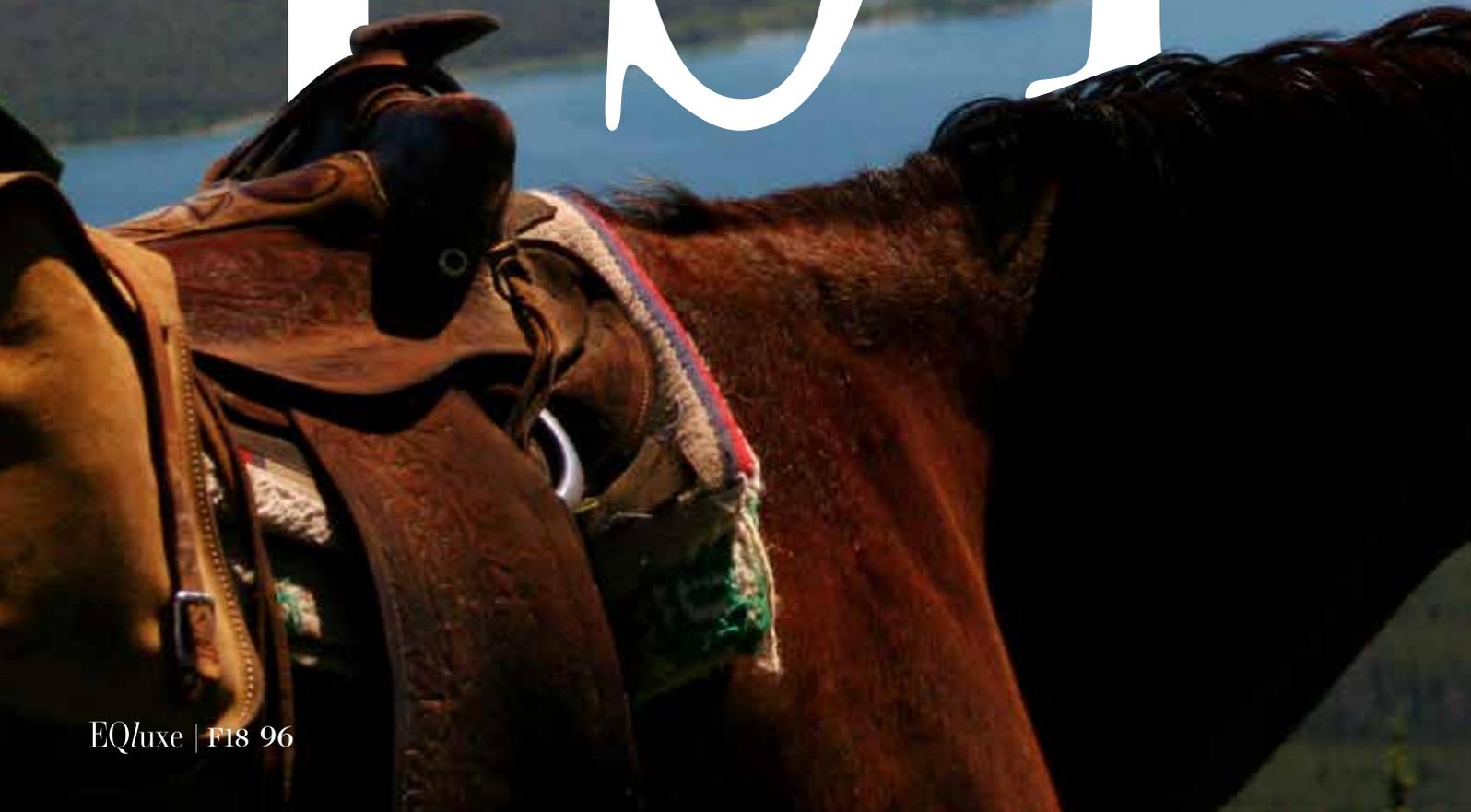




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TSY



TRIPS

Written by *Stacey Adams*

The vibrant sun sparked off the rippling turquoise water making you squint your eyes and appreciate wearing sunglasses. The lap of the water, the deep pure air, the cloudless blue sky - all coaxed both body and soul to deeply exhale completely, letting any tension waft away following the gurgling water down the crystal clear river.

THIS IS THE BEGINNING OF THE BLISS,

the majesty, the restorative nature and the grandeur of a week long trip to ride, fish and relax at Tsylos Park Lodge in British Columbia in late June of this year.

While Vancouver has much to offer visitors in the way of friendly people, lovely water views, a plethora of culinary options and varied outdoor activities, it requires going a bit further afield to embrace the history of this rugged land and come face to face with the First Nations ways that proved this part of the northwest. Our small group boarded the 16 passenger charter plane (included in the trip fees) a short cab ride from the international airport at 9:30AM on a crystal clear Sunday morning. We couldn't wait to see where we were going – 180 miles northeast by plane (800 miles driving) and then another 1.5 hour car ride to the lodge. Some were concerned about the ride in a small plane but from the moment we entered the front door at Signature Flight Support (<http://www.signatureflight.com/locations/yvr/east>) the concierge greeted us and whisked us into the comfy leather chairs, set us up with coffee, tea, etc. and all was well.

Our quick 45 minute flight was replete with snow capped mountain peaks and the aqua colored lakes that nestled themselves into the valleys below us. We sipped on Perrier, snacked on Kind bars and marveled like small children at the vast and bucolic scene below us - not a town in site, no cars, no smog, nothing but true, virgin land the way it was 100 years earlier.

We landed at the Puntzi air strip, availed ourselves of a quick bathroom break inside the building and then were whisked away in three vehicles driven by lodge staff. The drive begins on paved roads but about half way, gives way to graded dirt roads with expansive views around each corner. We often requested the driver to stop so we could snap photos of the Chilcotin Mountain Range.

The owner of Tsylos Lodge, Karen McLean as well as the manager, Josh Reimer, greeted us as we pulled up, showed us to our separate cabins – all well appointed and SO comfy and gave us the run down for the afternoon meal, ride and dinner. And as our cell phones became despondent due to complete lack of service, that's right – not even a half a bar of service anywhere within 100 miles – we



took the leap and just turned them off. (As an aside, several of us had a fair amount of stress prior to arriving about this lack of connectivity, since we own businesses. Karen had assured me that after a couple of days I'd adjust and that my business wouldn't implode and to her extreme credit – she was right. It was the first time in 15 years I'd taken a trip without daily check ins to the office, email, etc. I can heartily tell you that I won't be waiting another 15 years to do it again!) Our group ranged in age from 45-78, all experienced riders looking to ride. The rides are choreographed to begin slow and small-ish (walking for about 1.5-2 hours – but climbing and descending hills) and end BIG (long fun canters ranging throughout the day and riding for about 6-6.5 hours). And they delivered – well actually – they over delivered! The horses, a friendly and hearty mix of Quarter Horse, Appendix, Warmbloods and Draft crosses all clearly love where they live and what they do. It's clear they enjoy people as they have a keen interest in what you're doing, and "oh by the way, won't you just give a scratch behind my ear whilst there?"

"Our days were overflowing with new sights, sounds and visual delights"

Grooming and tacking up each morning was like being a part of an amiable, fun loving college group – horses nickering to each other, people sharing stories of the prior day, snapping photos of the river winding its way below the barn yard and mounting up for the daily adventure – each of which was a new discovery.

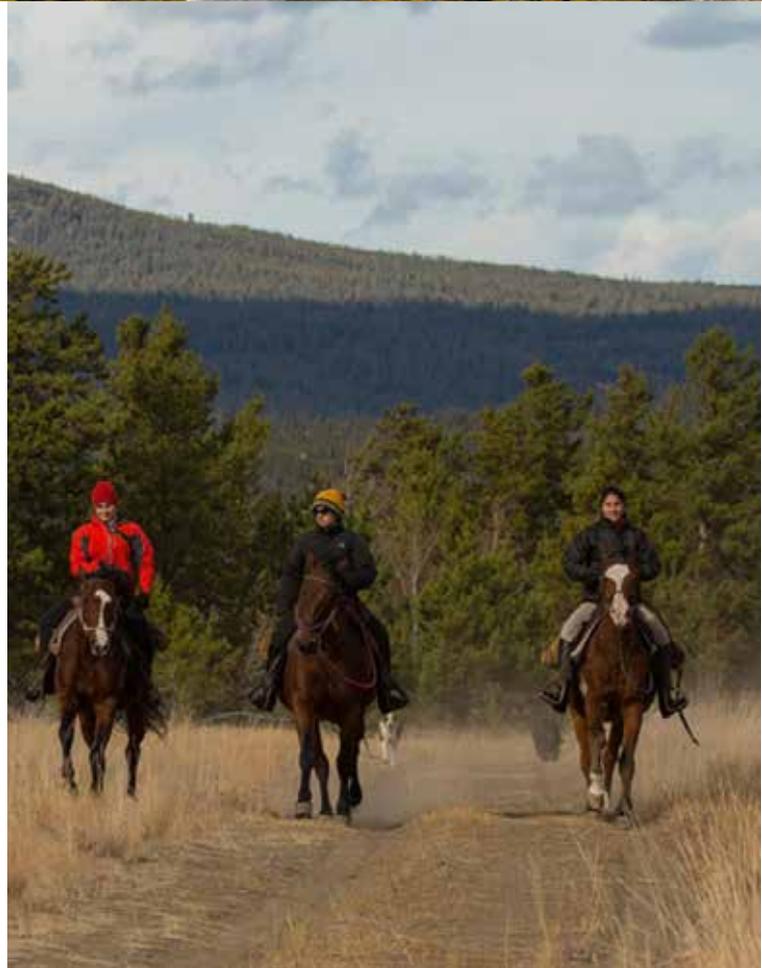
In this area if you aren't going up, you're going down. When you have the in between parts, mainly along the river, they are filled with long winding canters through the woods. Our days were overflowing with new sights, sounds and visual delights – climbing up above tree line to 7,300 ft on Tullin Mountain, the 360 degree views and those ever present blue green aqua waters spreading out below us kept us speechless. Following the river, we had 5-10 minute long canters down abandoned air strips, along ridge tops with ground that sloped away to the valley below and through winding and narrow wooded paths. Make no mistake, those wooded canters require that you ride, there's no buckle time here, you'll need to sit, steer and help your horse as they have few straight away areas. You'll find yourself turning right then turning left – then turning right again (and again) – they go on and on. We were quick to discover why they call it the roller coaster ride!

And I won't spoil the ending of your ride by telling you, you'll have to see for yourself. After 6 incredible days with your horse you two part company in a way I've never seen before, nor





likely will again. It's poetic, it's pristine, it's nature at its very heart, the way horses lived before they offered their partnership to humans. On the trail, during cocktail hour and at meals in the dining room, there is much discussion about this area and the First Nations people. The entirety of Tyslos Provincial Park is owed by the aboriginal First Nations, in this area the Xeni Gwetin people (pronounced Hun-nee Gwa-tan). They graciously grant use of the lands for visitors to see firsthand the gift that was given to them, that they deeply cherish and that they work hard to maintain in its integrity, as their forefathers did before them. The Xeni Gwetin people are proud of the land, the way of life and preserving the traditions to share with visitors. You'll see firsthand how they lived, hear the stories and enjoy learning about their local activity and presence. They feel privileged to share this wilderness area with nature, and so will you. The river is teeming with salmon and trout and offers an award winning fly fishing experience (Orvis endorsed) for anyone that wants a bit less saddle time (or a dedicated week of guided fishing). Bald eagles (and yes, you are sure to see them, guaranteed) perch and soar overhead coasting on the thermal drifts to survey the land and to forage. Depending on the time of year you go you'll see Grizzly bears catching salmon as they spawn (fall dates) – or merely see the tracks from where they walked through on the previous day (summer dates). And the local foxes are more like personal pets, often waiting for you each evening and hoping you've brought them a morsel or two from your gourmet meal prepared daily. Our entire group was continually agape at the level of luxury, the mouth watering (should be Michelin rated) food, the level and pace of the ride and the sights of this area. We expected it would be a fun time, we thought it would be "natural" but we hadn't imagined, nor could we have known adequately ahead of time, how much more we were given in our week at Tsylos Park Lodge. A few of us have already reserved to go back in September 2019!





BOOK IT

For more info on this ride, or to reserve your own adventure, call Active Riding Trips at 800.973.3221 and ask for Stacey.





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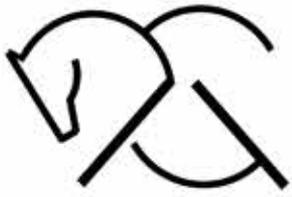
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