

EQ Luxe

EQ

ROUNDUP

fashion

LUXURY bobbles

FENDI

MARTINI Vacay

Holiday

Shimmer

BEAUTY

Best Finds

Skincare

Glamify

your LOOK

HOLIDAY

escape

Maldives

RANCH Life

active rides

HOLIDAY SHOPPING ISSUE

MADE BY HAND

Loved
by Feet



two24
ARIAT

Visit two24.ariat.com

FEATURES

24 FENDI get the look

STYLE

6 Tack Full Shopping

12 Silver & Gold Luxury bobbles

16 Cover Editorial Very PLAID Things

BEAUTY

38 WINTER IS COMING

41 GLITZ holiday

JET SET

50 MALDIVES Baby!

photo by Espen Helland photo rendering by EQlux^e thank you Hermes

On the cover Photographer Shelli Wright captures model Lada Desali wearing Winter's trends in both equestrian style and stable to street fashion. Beauty by Kristina Cardwell. Styling by Eqluxe team members Jain Wilson, Maddy Pasqualini, Shelli Wright and Cindy Gellerson. Motion by Chris Bredeesen. Sporthorse Mr.Cash. Designers include Chanel, MSGM, Maison Margiela, Ariat, Equiline, J.Crew and Michael Kors.

EQlux^e | holiday guide





Editor's note

Happy Holidays to all! We hope you will enjoy our roundup of all that we think is wonderful! To everyone who participated in our first ever shopping guide we appreciate you taking the time to entrust in us your brands and we hope that in the new year we can keep delivering what in a very short time you have come to appreciate. We would like to gratefully thank each and every one of you for embracing our endeavor. We want to wish all of you a happy holiday. Here's to a beautiful new year filled with never ending pony rides and loveliness to all.
Thank you.

Join the ride!



A big thanks to everyone!
Shelli Wright & Christopher Bredesen
Editors | Co-founders

EQlux^e™

© 2018 EQLuxe MAGAZINE

SHELLI WRIGHT
Editor-in-Chief

CAPTAIN BUDDY LLC
Publisher

SHELLI WRIGHT
Creative Director

MADDY PASQUALINI
Senior Lifestyle Editor

JAIN WILSON
Advertising

EMILY MATTISON
PR / Marketing

JODI VAUGHN
Beauty Consult

CHRISTOPHER BREDESEN
Executive Editor

LILA GINSBURG
Art Director

JOHN PIERCE
Art Department

SEBASTIANO MARINO
Web Master

CINDY GELLERSEN
Equine Fashion Consult

NATALIE DE GROOT
Fashion Consult

LOU ANDREA GOSS
Editorial Assistant

CONTRIBUTORS

Jimmy Bruch, Liz Dungate, Kendra Barber, Caroline Miller, David Tino, Elisa Vissani, Marko Urbani, Estudio Ramos, Tom Lentz, Laura Battles, Rick Capone, Stan Grossfield, Stacey Adams, Gerard Apadula, Raquel Lynn, Min-jee Mowat, Abigail Reece, Stable Style, Jodi Vaughn, Christina Braun, Hanna Blazer, Alexis Zipp, Lila Joy Ginsburg, Maddy Pasqualini, Tamara Lacroix, Lucinda Madella, Leonard Lusky, Erin Shea, Kasey Rich, Chris Bredeesen, Shelli Wright Photoworks, Cindy Gellerson, Donna Bernstein, Erica Hess, Michael Blowen, Iggy Puglisi, Breeder's Cup, Santa Anita Park,

EQLUXE is a registered trademark and is the sister publication of BISOUS Magazine distributed by Captain Buddy LLC of Los Angeles. All Eqluxe sponsorship or submission inquiries please contact director@eqluxe.com
www.eqluxe.com

EDITOR Your TACK full guide

HOLIDAY



CWD 2Gs Mademoiselle custom \$7650 www.north-america.cwdseller.com | HERMES avoine blanket \$1275 www.hermes.com/us
HUNTSEAT PAPER CO pony pin fall off club \$10.50 www.huntseatpaperco.com | PS of Sweden pioneer revolution bridle \$273 www.marystack.com
ARIAT ideal Down Vest \$80 www.ariat.com | MAJYK EQUIPE Ergonomics Full Fleece Half Pad with Shims \$150 www.majykequipe.com
NOBLE OUTFITTERS muds cold front high boot \$99 www.doversaddlery.com | STICK & BALL wellington weekender \$1195 www.stickandballco.com
MARY'S BOTANICALS leather cleaner & conditioner \$22 www.marysbotanicals.com



DISCOVER THE BRAND WWW.LASADDLERY.COM

CATWALK TWO STEP

compiled by EQluxe
Fendi showed us that it's not all pressed collars and flocked trencos this year as it topped or should we say bottomed off their runway looks with a surprising boot of the Cowboy persuasion. No complaints on this ranch.



#BTS FENDI





CRISP In an attempt to accent hairstylist Sam McKnight's array of polished glowy textures, makeup artist Peter Philips gave each girl's bare glow a graphic, light-catching smudge of alabaster pigment on the inner corners of the eyes. The touches of white not only widened and brightened each gaze, but served as a cool pop against the muted shades of the collection. The DIY hack, a swipe of white eyeliner can go a long way to making you look, even though you don't feel that way, revived and fresh.



GET IT

LAURA MERCIER tinted moisturizer illuminating
\$45 www.nordstrom.com

ESTÉE LAUDER Pure Color Envy Scepting
Eyeshadow Palette \$54 www.esteelauder.com

URBAN DECAY Vice Lipstick Backtalk
\$18 www.urbandecay.com

NARS Larger Than Life Long Wear Eyeliner
\$26 www.nars.com

BOBBI BROWN Long Wear Cream Shadow
\$30 www.bobbibrowncosmetics.com



THE STAGE



ACCESSORIES



EQluxefashion

silver&gold

These gifts stand on their own. Indulge in the luxury whether you have been Naughty or Nice.



BULGARI B.zero1 necklace \$5600 www.bulgari.com | DAVID YURMAN Wellesley link cuff with diamonds \$1850 www.davidyurman.com
HERMÈS Galop Ring Rose Gold \$4950 www.hermes.com | HARRY WINSTON Logo Yellow Gold Diamond Bangle \$8600 www.harrywinston.com
TIFFANY Elsa Peretti Mesh Toggle Bracelet \$1100 www.tiffany.com | ROLEX explorer \$7500 www.rolex.com
CARTIER Love Earrings Pink Gold \$1770 www.cartier.com



photography by Espen Helland
retouching EQLuxe

All That

GLITTERS is exactly what we're saying

at

EDITOR



ALICE + OLIVIA Robert Lurex Jacket \$495 www.aliceandolivia.com | TADASHI SHOJI | SCHOCKEMOHL premium manhattan dressage bridle \$357 www.dressageperformance.co.uk
eQUICK special edition rose gold eshock tendon boots \$201 www.equick.it | TOM FORD Cream & Powder Eye Color Duo \$62 www.tomford.com
JIMMY CHOO Celeste glittered leather clutch \$995 www.jimmychoo.com | GUCCI Pineapple Sunglasses \$1305 www.gucci.com
HKM RIMINI Dressage Bling Saddle Pad \$57 www.thecollectedpony.com | BARE MINERALS Moxie Plumping Lip gloss \$18 www.sephora.com



Martini vacay

Toss back and relax. These shades of green will take you happily into Spring.

- MICHAEL KORS COLLECTION F/W 2018 runway
- EVA TRIO Martini Glass \$35 www.uncrate.com
- DONNA B Equestrian Silk Scarf Tower of Horses \$150 www.donnabernstein.com
- NOEL ASMAR London Show Jacket \$348 www.asmarequestrian.com
- BOTORI Taylor Riding Pant \$110 www.botori.life.com
- BOTORI Camo Hooded Sweatshirt www.botori.life.com
- GUCCI Flashtrek Embellished Logo Suede Sneaker \$1590 www.gucci.com
- ORIBE Lacquer High Shine Polish Green Envy \$32 www.oribe.com
- EQUESTRIAN STOCKHOLM Dressage Saddle Pad \$80 www.centerlinestyle.com
- PANTONE martini olive



Very
PLAID things

photography Shelli Wright

styling EQUxe + Jain Wilson | beauty Kristina Caldwell

model Lada @bountymodels | pony Mr. Cash

motion Chris Bredezen | assist Maddy Pasqualini



hat Lack of Color
top Ariat
belt Ariat
coat Theory
this page
scarf Topshop
jacket Topman
trouser Maison Margiela
slipper Catherine Malandrino



saddle bag DIOR
plaid dress TOPSHOP
faux leather trench MSGM
opposite page
sweater Lorena Antoniazzi
belt bag GUCCI
skirt BURBERRY
rubbers JUSTIN







faux fur MICHAEL KORS
necklace ATELIER CG
skirt BURBERRY
opposite page
hat LACK OF COLOR
sweater JCREW
holster ATELIER CG
breech EQUILINE EQUESTRIAN
shoes ARIAT
bridle PRAVINS SELLIER
tam TOPSHOP



fox trapper hat FUR SALON
faux leather jacket MSGM
opposite page
hat LACK OF COLOR
riding top ARIAT
coat THEORY
belt ARIAT
breeches ARIAT
shoes CHANEL



Plaid out

shop the shoot

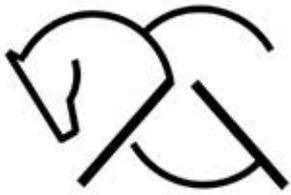


LACK OF COLOR The Jethro grosgrain-trimmed wool fedora \$130 www.net-a-porter.com | ARIAT lowell 2.0 1/4 Zip baselayer \$55 www.ariat.com

THEORY Genesis cotton and wool-blend coat \$855 www.theory.com | MAISON MARGIELA Checked Wool Blend Wide Leg Pant \$1200 www.maisonmargiela.com

STICK & BALL Sarah Cable Silver Grey \$365.00 www.stickandball.com | CHANEL Short Boot Calfskin Logo \$1525 www.chanel.com

ATELIERCG Ride Hoslter \$289 www.ateliercg.com | DONNA B FINE ART Equestrian Silk Scarf - Sun Stallion \$150.00 www.donnabernstein.com



don't let them tame you



www.ateliercrg.com





U

school

photography *Evgenia Burilo*

Grooming Ekaterina Iskandarova

Models Vlad Drozdov @therealdrozdov | Willy Aksenov @biowt | Roman Kuravskiy @romankuravskiy
Tsorn Artem @tsorn_artem | Andrey Kaverzin @andreykaverzin8 | Popov Sergey @__geekboy__











MCMLXIV-LXV







EQ BEAUTY luxe

PARTY TIME

Show season is almost upon us. It's time to make the most of your HOLIDAY! Enjoy the benefit of some down time and live a little! We have some fun holiday glam ideas for you so take a break from the barn and fancy it up this holiday season. New Years is right around the corner.

Photography Kendra Barber | Beauty Sadhi Babu | Model Piper Badaracco

HOT NAILS

Black is a staple and hides what the barn left behind. Don't stop there..Add an accent and take your look to a holiday event level.

- ANTONIO MARRAS F/W 2018
- NARS Iconic Color Nail Polish \$17.00
- CHRISTIAN DIOR 'Diorific Vernis' Nail Lacquer \$29.00
- SPACE.NK.apothecary Shine Nail Polish ORIBE \$32.00
- YVES SAINT LAURENT Vinyl La Laque Couture Nail Lacquer \$28.00
- SMITH & CULT apothecary Lacquer \$18.00
- CHANEL LE VERNIS Longwear Nail Colour \$28.00
- CHRISTIAN LOUBOUTIN Under Red' Nail Color Pen \$45.00





is coming

W*inter*

The harshness of Winter can creep up on you. Night hours at the barn, outdoor arenas and weather can affect your skin and leave you feeling itchy and dry. It's important to combat the cold and nourish your skin. Scrubs, masks, moisturizers and serums will help keep you supple and fresh.

photography by Kobrin Nikita

CLARINS Double Serum Complete Age Control Concentrate Price \$89

www.clarinsusa.com

A best-selling anti-aging serum with an innovative 2-in-1 formula to effectively target lines and wrinkles, even out skin tone and boost radiance.

BIBIMBAP The Mask \$72

www.bibimbapskin.com

The Mask is a powerful exfoliating treatment to produce smooth, even, bright, firm skin. Provides healing and protective benefits with antioxidants.

Stimulates collagen production to reduce fine lines and promote plumper, healthier skin.

KATE SOMERVILLE Deep Tissue Repair Cream with Peptide K8 \$150

www.katesomerville.com

An exclusive blend of ingredients, formulated to provide immediate hydration and increase the look of firmness, while reducing the appearance of fine lines and wrinkles.

PETER THOMAS ROTH 24K Gold Mask Pur Luxury Lift and Firm \$80.00

www.peterthomasroth.com

The ultimate luxurious anti-aging treatment, this rich mask is infused with pure 24K gold and colloidal gold to help improve the appearance of skin firmness and impart an opulent glow.

BABOR Hydra Plus Ampoule Concentrates \$30 www.babor.com

A concentrated skincare booster for dehydrated skin. A complex containing Hyaluronic Acid and a plant-based moisturizer help supply skin with intense hydration.

COLLOSOL Eau De Lait \$38

www.lovelyskin.com

Use as a cleanser and makeup remover: Collosol Eau de Lait gently cleanses the skin and removes makeup. The skin becomes pure, refreshed, velvety smooth and delicately perfumed.





EQluxe BEAUTY

Photography KENDRA BARBER

Glitz

Beauty Sadhvi Babu | Model Piper Badaracco











*EQ*luxe BEAUTY

GET IT

KEVYN AUCOIN The Expert Lip Color
Bloodroses \$35 www.kevynaucoinbeauty.com
CHRISTIAN LOUBOUTIN BEAUTY
metallic eye color Pyrite 460 \$50 www.nordstrom.com
3LAB perfect bb spf 40 \$105 www.3lab.com
TOM FORD illuminating primer base illuminatrice
\$74 www.tomford.com
NARS pure pops single eye shadows
\$19 www.nars.com
MARC JACOBS see quins glam glitter eyeshadow
\$28 www.net-a-porter.com
HOURGLASS Extreme Sheen High Shine Lip Gloss
\$28 www.sephora.com



THE RIPPLE EFFECT

This trend is throwing it way, way back, to the 1920s. In a decade where the style of adorable sweetness courted a rebellious flapper alter ego, many women were left wondering if it was possible to have it all. Finger waves were the middle ground and they're back in all of their glorious duality. Add them to an up-do to soften a harsh look, or throw them into a more casual look to glam it up. A favorite runway-to-real-life interpretation is a deep side part, lots of gel (recommended: L'Oréal Studio Line Clean Gel), paired with a casual ponytail. It's a modern way of having it all, or at least looking like you do.

1. **LEONORE GREYL** *éclat naturel*
\$46 www.nordstrom.com
2. **KUSCO-MURPHY** *Setting Lotion*
\$38 www.ariva.com
3. **LORÉAL** *Studio Line Clean Gel*
\$4.99 www.lorealparisusa.com



BLUMARINE

STELLA MCCARTNEY



Shapes & Silhouettes

By Simone McAlonen

Tracing the bold shapes and colors of the past is where we find inspiration for the future, and the hottest hairstyles this season are no exception! Whether it's the soft cloud of Marseille Waves or the stiff "S" shape of a gelled Finger Wave, unique and brave styles of the past were so impactful they defined an era. And yet, the truly vivid and strong styles can also define the individual. Identities can be found by reaction to a provocative echo from the past. Within the last century's most striking hairstyles, these looks shine the brightest in today's landscape and inspire our own bold expression!



ALTUZARRA

TEXTURED CURLS

One of the most refreshing aspects of the runway this year was the celebration of natural beauty- and when it comes to hair that is all about texture! There's nothing more romantic than "to thine own self be true" so embrace the frizz with a beautiful tribute to the delicate, fuzzy ringlets of the 40s. To achieve this soft beauty, part hair down the center and curl hair into small 1" curls. Brush back against the curl to create volume and apply Oribe Dry Texturizing Spray to highlight your gorgeous natural texture. This look is a little Ophelia, a little Scarlett O'Hara, and all you.

1. **REDKEN** *Pillow Proof Two Day Extender*
\$20 www.ulta.com
2. **ORIBE** *Dry Texturizing Spray*
\$44 www.neimanmarcus.com
3. **KUSCO-MURPHY** *Dry Leave In*
\$39 www.ariva.com



DIANE VON FURSTENBERG

80's LADIES

There's nothing quite as seductive as effortless glamour, and big hair lives at the intersection between bed head and bombshell. The 80s was the decade for electrifying individuality, and taking cues from that era will always make you stand out in a crowd. The key to achieving this wild look- it's all about the tease! After curling large loose curls, tease with a backcomb and hairspray. Use Kerastase's Keratine Thermique to give edgy, underground vamp, but without weighing hair down to the dreaded Beauty Queen look. Every 80s Lady knows, the only thing wilder than your heart should be your hair!

1. **KÉRASTASE** *Keratine Thermique*
\$43 www.kerastase-usa.com
2. **L'ORÉAL** *Elnett hairspray*
\$12.99 www.target.com
\$44 www.neimanmarcus.com
3. **JOICO** *Gold Dust Shimmer Finishing Spray*
\$7.99 www.joico.com



ISABEL MARANT



JEREMY SCOTT

TREENA HALL

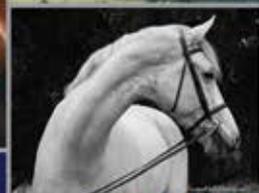
EQUINE PHOTOGRAPHY

Horse Shows • Portraits
Custom Photoshoots

*Capturing the relationship between horses
and their human partners with an emphasis
on the unique bonds they share.*



SPORTS ILLUSTRATED CLASSIC
NORTH AMERICAN LEAGUE



@treenahallequinephotos

@treenahallphotography

equinephotos@yahoo.com

treenahallequinephotos.myportfolio.com

714.262.3698

VITAMIN SEA

MALDIVES PERFECTION

Written by Shelli Wright



ST REGIS MALDIVES VUMMULI RESORT

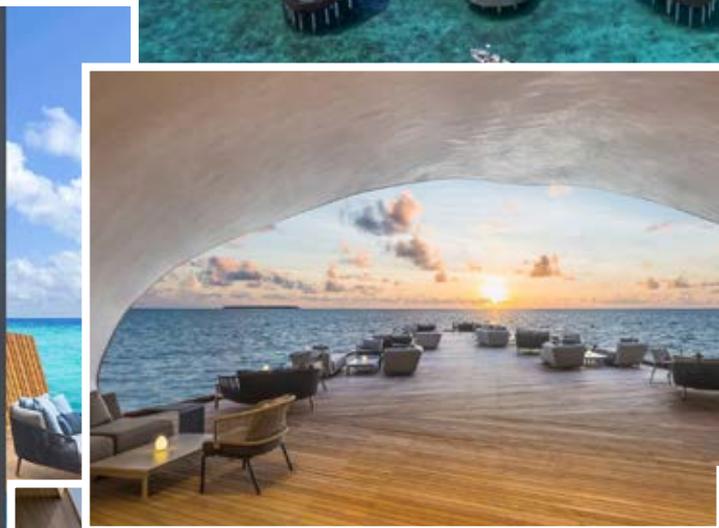
Are all those Starwood points burning a hole in your pocket? Well, if you want to splurge and take a break from the ponies this would be the place to do it. For roughly about 95,000 points or \$1,500.00 a night you can secure yourself a spot at the St. Regis Vommuli Resort in the Maldives, with its blue skies, sparkling waters and breathtaking beaches. Let's just say, it's a safe bet to call this one your dream vacation. This tropical island resort offers an architectural environment in a perfect secluded location. Float around its scrumptious purple reefs, relax with a massage at the over-water spa, dine in its sunken wine cellar, and pop some bottles at the bar that looks like a giant whale. Trust me, this will be a vacation you will not soon forget.





GETTING THERE

From Los Angeles you have several airlines to choose from but a direct from LAX to MLE on Emirates seemed like a no brainer. Once landed in Male', the St. Regis resort is located in the southern Dhaalu Atoll, a spectacular 40-minute seaplane flight from MLE International Airport. It's a little spendy as the resort charges over 600.00 for the round trip fare. However remember those points? You can use them to pay for that as well and as soon as you land at MLE you are greeted by a St. Regis butler who will escort you off to an air-conditioned car with eucalyptus cold towels and Wi-Fi while they get your bags and have them sent to the seaplane terminal (a 5-minute ride from the main terminal at MLE). Keep in mind seaplanes can get hot and loud (and a little bouncy), so if you get easily sea or airsick, I'd recommend taking anti-nausea pills and headphones to drown out the noises as you take in the incredible sights below.





AT THE RESORT

Taking on its design inspiration from Maldivian lagoon life the resort itself is something quite sensational. The eye-popping architecture flows through the resort leaving the the vibe feeling elevated and elegant without every feeling austere or unfriendly.

Each villa is assigned a personal butler who will attend to your every whim, from buggy runs to the beach to drawing bedtime baths, and arranging a full itinerary of sunset cruises, wine-tasting and anti-gravity yoga – you'll barely know how to think for yourself by the end of your stay. Most exciting though, is the watersports centre, whose marine biologists are currently cataloging the biodiversity of this barely explored area. The 77 villas are split into three categories: entry-level garden villas, peak roofed beach villas along the white shore; and vast overwater villas, the best of which face west towards the sunset and the expansive Indian Ocean. All are huge and every one comes with its own private swimming pool. Interiors are sophisticated and soothing. Easy-to-use tablets allows guests to control the curtains, lighting and air-conditioning, as well as Bluetooth music and stream from Netflix, among other things.



GET BOOKING

Dhaalu Atoll, Maldives.
+00 960 676 6333
starwoodhotels.com



A long wooden dining table is set for a party, with numerous people seated along both sides. The table is laden with plates of food, glasses, and lit candles, creating a warm and inviting atmosphere. The background shows a rustic interior with a chandelier and greenery.

TIS THE SEASON TO *throw a* PARTY!

IT'S THAT TIME AGAIN. I KNOW. YOU NEEDN'T SIGH. I AM RIGHT THERE WITH YOU. WITH THE HOLIDAY CRAZINESS THERE ALSO COMES THE PERFECT OPPORTUNITY TO HAVE A FUN LITTLE DINNER PARTY WITH YOUR BESTIES BEFORE YOU HAVE TO POWER THROUGH AIRPORTS OR LONG HIGHWAYS TO REACH YOUR FAMILY FOR MORE TRADITIONAL FESTIVITIES.

WE ASKED OUR DEAR FRIENDS PART-OWNER JAN PETERSON AND HER FIANCÉ EXECUTIVE CHEF CHRISTOPHER TURKE OF THE RINGSIDE RESTAURANTS IN PORTLAND, OREGON TO PUT TOGETHER A LITTLE MENU FOR SUCH AN OCCASION. A MENU THEY PROMISE ANYONE CAN PERFORM WITH EASE. YES, EVEN THOSE OF YOU WHO ARE AFRAID OF THE KITCHEN. CHRIS AND JAN'S MOTTO IS THAT "EVEN THOUGH WE WORK A LOT IN THIS BUSINESS, YOU MUST STILL ENJOY YOUR LIFE AND THE COMPANY OF THE ONES YOU LOVE." WE COULDN'T AGREE MORE!

Holiday Dinner Party Menu

Starters

Crudités with Chilled Prawns, Snap Peas, Red Bell Peppers, Radishes and Asparagus with Green Goddess dipping sauce.

Prosciutto Wrapped Dates stuffed with Marcona Almonds and Gorgonzola (you may omit prosciutto)

Salad

Apple, Spinach, and Pomegranate Salad with Warm Bacon Vinaigrette

Entrées

Caramelized Brussels sprouts with Balsamic Yukon Gold mash with sour cream and chives

Prime Rib roast served with horseradish cream and herb infused Au Jus.

Vegetarian option for entrée: Holiday Lentil Loaf (recipe provided by our resident vegetarian editor) She warns it's a large yield.

Dessert

Hot Chocolate with Rumple Minze whipped cream and candy cane stirrer.

CRUDITÉS

Pick up 1-lb 16-20 tiger prawns from your local fish market and blanch in salt water for 5 minutes until done; stop blanching process by placing in ice water when done

Trim asparagus before blanching in salt water for 2 minutes until bright green. Stop blanching process by shocking in ice water when done.

Wash and trim radishes and cut into wedges.

Wash and slice bell peppers into strips removing seeds.

Wash and prep snap peas.



GREEN GODDESS DRESSING

Juice of one lemon

1 shallot

2 anchovies filets

2 tsp. champagne vinegar

1 garlic clove

1 ripe avocado

1/2 cup sour cream

1 bunch flat leaf Parsley

3 tsp. tarragon

3 tsp. basil

1/4 cup extra virgin olive oil

salt and pepper

Combined lemon juice, anchovies, shallot and champagne vinegar in a processor. Blend until you get a paste. Add avocado, parsley, tarragon and basil blend until smooth. Add sour cream blend again until smooth. Add salt and pepper to taste and slowly add EVOO while machine is running.



STUFFED DATES

Pit 20 dates, once pitted stuff 2 marcona almonds in half your dates and stuff the remainder of your dates with a chunk of gorgonzola.

Take 10 thin slices of prosciutto and slice in half long ways.

Wrap stuffed dates with prosciutto slices.

APPLE, SPINACH & POMEGRANITE SALAD

3 ripe seasonal apples of your choice (I prefer Pink Lady's)

2-lbs baby spinach

1 large pomegranate

3 slices apple wood smoked bacon (1/4lb)

1 shallot, diced

1 tsp. dijon mustard

1/4 cup apple cider vinegar

2 tsp. brown sugar

1/4 cup extra virgin olive oil

salt and pepper



(cont.)

salad (cont.)

Wash and dry spinach fully
Wash and slice apples into thin wedges
Pick the pomegranate for the seeds

For the dressing, dice the bacon and render until crispy, add diced shallots, sauté for one minute. Add cider to deglaze the pan and finish with Dijon Mustard and brown sugar and drizzle with olive oil. Taste and add salt and pepper (you may need more olive oil to balance the vinegar). For the salad toss the warm dressing with the spinach and arrange the apples and pomegranate seeds to look pretty.



CARAMALIZED BRUSSELS SPROUTS

3-lbs brussels sprouts cut in half lengthwise
2 Tbls. butter
4 Tbls. balsmic vinegar
2 Tbls. olive oil
salt and pepper

First step you need to blanch the brussels sprouts (preferably the same time you blanch the other veggies for the crudités, for about 2 minutes in boiling salted water then shock in an ice bath).

Add butter and oil to a large sauté pan and place the brussels sprouts flat side down onto the pan and cook on low temp to caramelize may need add more butter or oil once the brussels get caramelized on the one side turn them over and cook until soft, add balsamic just before serving to deglaze the pan. Salt and pepper to taste.



YUKON GOLD MASHED POTATOES

7-lbs large yukon gold potatoes, peeled
1-pint sour cream (low-fat if you like)
4 tsp. butter
1-bunch chives chopped finely (or green onions)
salt and pepper to taste

Peel potatoes and place in a large pot filled with cold water and a large pinch of salt. Boil until done about 30 minutes. Prick with a knife or a pick to check doneness, if it comes out cleanly your good. Strain and let sit for a minute or two in a colander to get all of the water out. Either use a potato “ricer” the mash the potatoes or mash by hand if you want them a little chunky. Add your butter, sour cream and chives and keep mashing. Add salt and pepper and taste until you are happy. Keep warm until you serve. A crock-pot works well in this situation.

PRIME RIB ROAST

- 3 bone 8-10-lb rib-eye roast
- 3 Tbls. kosher salt
- 1 Tbls. smoked paprika
- 1 Tbls. garlic powder
- 1 Tbls. dried thyme
- 2 Tbls. fresh ground black pepper
- 2 Tbls. olive oil
- Horseradish cream
- 2 cups sour cream
- 1 cup prepared horseradish
- 2 tsp. white wine vinegar
- 1 tsp. sugar
- salt and pepper to taste

Whisk all ingredients together.

AU JUS

Buy a powdered mix and add one bay leaf and a small amount of fresh rosemary and thyme with water and bring to a boil and simmer until needed, the smell will perfume the whole house/apartment.

Preheat your oven to 425 degrees, rub oil onto the roast, and mix your seasonings together in a small dish and rub all over roast. You may not need all of the seasoning but you want to fully cover the monster meat. Place in a rack and on a pan lined with aluminum foil (It helps with cleanup). Roast for 20 minutes, then turn the oven down to 250 degrees and cook for another 30-45 minutes checking the temperature every 15 minutes. You want the interior temperature to reach 108-110 then pull out of oven and let rest under a aluminum foil "tent" for 10-15 minutes. Slice thin with a sharp knife. The middle of the roast will be rare to medium rare; the outside ends will be medium well to well but crispy and salty. Arrange on a platter or leave on the cutting board to let your guests pick their doneness. Serve with the horseradish cream and au jus, and extra seasoning.

HOLIDAY LENTIL LOAF

- nonstick spray
- 1 small onion, chopped finely
- 1 clove garlic, crushed
- 2 stalks celery, chopped finely
- 2 tsp. sage
- 3 cups cooked lentils
- 3 cups cooked wild rice (or a wild rice/brown rice mix here)
- 1/2 cup chopped walnuts
- 1/4 cup whole wheat breadcrumbs
- 2 Tbls. vinegar
- 2 egg equivalents
- 2 Tbls. whole wheat flour
- fresh ground black pepper and sea salt, to taste

(cont.)





lentil loaf (cont.)

Preheat oven to 350 degrees. Spray a frying pan with nonstick spray, and saute the onion, garlic and celery until onion is translucent. Add the sage. Combine all ingredients in a large bowl and mix well.

Spray a loaf pan with nonstick spray and fill the loaf pan with the mixture. Press down.

Bake 30 minutes covered, 10 minutes uncovered. Let stand for 5-10 minutes before cutting and serving.

HOT CHOCOLATE WITH RUMPLE MINZE

Find your favorite hot chocolate mix and follow directions, add some Rumble Minze to each cup. In a clean bowl add 1-1/2 cups heavy whipping cream and 3 Tbsp. Rumble Minze and 2 tsp. sugar, and whisk vigorously until you achieve "stiff peaks" (when your cream will stick to a spoon). Top your cocoa with the cream and add a cute little candy cane.

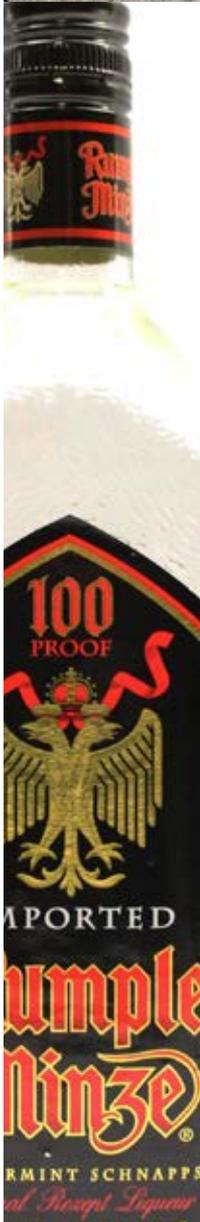


WINE PAIRINGS

Black Ridge Vineyards, Santa Cruz Mountain
Bill Brosseau, Wine Maker

2010 Viognier, Hints of floral aromas and tastes of Mango and Peach and silky texture will pair perfectly with the Crudités as your guests arrive.

For Dinner enjoy BRV San Andres Red 2008. It's beautiful blend of 63% Cabernet Sauvignon, 24% Cab Frank, 8% Merlot, & 5% Petit Verdot pairs perfectly with Roasted Beef. Aromas of black pepper and cherry transfer to the palate along with dark fruit flavors. Your guests will enjoy the rich, smooth, and vibrant end.



BLACKRIDGEVINEYARDS.COM
RINGSIDERESTAURANTS.COM

SUBSCRIBE free download

EQluxe

GLOBE TROTTING OZ

FASHION Excess orize top season bags

Keeping your cool Summer gear

BEAUTY Getting Even End your EQ tan!

HORSE hit off EMIRATES

Mid-life leading you BACK to the SADDLE

Staying on course with

Selma Blair

maiden

Join the Ride

www.EQluxe.com

The Art of Donna B



DONNA B

Donna Bernstein

208.861.4331

www.donnabernstein.com



ARIAT

INTRODUCING THE DIVINO BOOT

DIVINO

ITALIAN LUXURY WITH EXCEPTIONAL PERFORMANCE



MADE IN ITALY 

ARIAT.COM